

ISSH BASIC HAND SURGERY COURSE

(Diamond Jubilee Celebration Of Basic Hand Surgery Course)

In Association with TOSS

14th & 15th June 2024

**Dr. Bhaskaranand
Kumar, Udupi**



ISSH Basic Hand Course Director

**Dr. Anil K. Bhat
Manipal**



ISSH Basic Hand Course Convener

4 Credit Hours From APMC

ORGANIZED BY

Amara Foundation,

Department of Orthopaedics - Amara Hospital

In association with Indian Society For Surgery of the Hand

VENUE

**Ground Floor, Cafeteria chambers,
Amara Hospital,
Karakambadi, Tirupati.**

The Indian Society for Surgery of the Hand was founded in 1973 in Mumbai and had completed its golden jubilee celebrations in 2023. The basic hand course spearheaded by eminent Hand surgeons from Manipal, Dr Bhaskaranand Kumar and Dr Anil K Bhat, benefited many Orthopedic and Plastic surgeons across the Indian subcontinent by its simple video and photographic content with brief talks on the common hand ailment management.

This is the second such course being conducted in the state of Andhra Pradesh. This is a two-day course with complimentary hands on tendon work shop at the end of the academic programme, will immensely help the final year residents and practicing Orthopaedic and Plastic surgeons on intricacies of surgeries that are commonly performed in day to day practice.

With the nominal registration fee, it is expected to reach the masses and encourage them to actively participate in the program.



Dr. Prasad Gourineni
Organising chairman



Dr. Vasudeva Reddy
Organising secretary



Sridhar S R
Treasurer and hospitality

NATIONAL FACULTY



**Dr. Bhaskaranand
Kumar, Udupi**



**Dr. Anil K. Bhat
Manipal**



**Dr. Ajeesh Sankaran
Kerala**



**Dr. Vigneswaran
Coimbatore**

LOCAL FACULTY



**Dr Bindesh Dadi
Guntur**



**Dr S M Venugopal
Tirupati**



**Dr Ravi Shankar
Nellore**



**Dr Ashish Valluripalli
Vijayawada**



**Dr Vasudeva Reddy
Tirupati**

ORGANISING COMMITTEE



Dr Vrisha Madhuri



Dr Ashok Reddy



Dr Ravi Kumar



Dr Durga Prasad



Dr Arun Kumar

ISSH OFFICE BEARERS



**Dr. Rajendra Nehete
ISSH president**



**Dr. Anil K. Bhat
Secretary & Treasurer ISSH**

ISSH BASIC COURSE IN HAND SURGERY

DAY I: REGISTRATION : 8:30AM TO 9:00AM



CAPSULE 1

- | | | |
|---|----------------|-----------------------|
| 1. Introduction to the course | 9:00 - 9:10 AM | Dr Bhaskaranand Kumar |
| 2. First Aid in hand injures | 9:10 - 9:30 AM | Dr Venu |
| 3. Clinical evaluation of hand injuries (Video) | 9:30 - 9:50 AM | Dr Anil K. Bhat |

Discussion : 9:50 AM – 10:00 AM

CAPSULE 2

- | | | |
|---|------------------|-----------------------|
| 1. Radiology in hand injuries | 10:00 - 10:15 AM | Dr Bhaskaranand Kumar |
| 2. Anesthesia in hand injuries (Video) Blocks in hand/wrist/WALANT | 10:15 - 10:30 AM | Dr Ajeesh Sankaran |
| 3. Debridement (Video) | 10:30 -10:50 AM | Dr Ravi Shankar |

Discussion : 10:50 - 11:00 AM



Tea break

11:00 – 11:30AM INAUGURATION OF THE PROGRAMME

CAPSULE 3

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|--|-----------------|--------------------|
| 1. Basic consideration in tendon injuries | 11:30 - 11:45PM | Dr Venu |
| 2. Acute flexor tendon injury (Video of tendon repair) | 11:45 -12:00PM | Dr Ajeesh Sankaran |
| 3. Acute extensor tendon injury (Video of tendon repair) | 12:00 -12:15PM | Dr Vigneswaran |

Discussion: 12.15 -12.30PM

CAPSULE 4

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|--|---------------|-----------------|
| 1. Basic consideration in peripheral nerve injuries | 12:30-12:45PM | Dr Bindesh Dadi |
| 2. Electro diagnosis (only interpretation of CTS or nerve injury demo of NCV report) | 12:45 –1:00PM | Dr Anil K. Bhat |
| 3. Management of peripheralnerve injuries (Video of nerve repair) | 1:00 -1:15PM | Dr Aashish |

Discussion: 1:15 - 1:30PM



Lunch Break
1:30 - 2:00 PM

CAPSULE 5

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|--|----------------|-----------------|
| 1. Middle & proximal phalanx fractures (Video of K wire fixation) | 2:00 -2:15PM | Dr Bindesh Dadi |
| 2. Metacarpal fractures (excluding thumb) (Video of K wire fixation) | 2:15 - 2:30 PM | Dr Vigneswaran |
| 3. Fractures and soft tissue injuries of thumb (Video of Bennett fracture fixation) | 2:30 - 2:45 PM | Dr Anil K. Bhat |

Discussion: 2:45 -3:00 PM.

CAPSULE 5

- | | | |
|---|----------------|-------------------|
| 1. How to decompress carpal tunnel syndrome (Video) | 3:00 - 3:15 PM | Dr Anil K.Bhat |
| 2. How to release 1st extensor compartment of de Quervain's tenosynovitis (Video) | 3:15 - 3:30 PM | Dr Vasudeva Reddy |
| 3. How to release a trigger finger (Video) | 3:30 - 3:45 PM | Dr Vigneswaran |

Discussion: 3.45 - 4: 00 PM

Day 2

CAPSULE 7

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|---------------------------------------|---------------|--------------------|
| 1. Acute Scaphoidfractures | 8:30 - 8:50AM | Dr Ajeesh Sankaran |
| 2. How not to miss carpal instability | 8:50 -9:10 AM | Dr Anil K. Bhat |

Discussion: 9:10 - 9 :15 AM

CAPSULE 8

- | | | |
|--|----------------|-----------------|
| 1. Fracture lower end of radius (closed & external fixator treatment including videos) | 9:15 - 9:30 AM | Dr Ravi Shankar |
| 2. Internal fixation of distal radius fracture (exposure and Plating video) | 9:30 - 9:45 AM | Dr Anil K. Bhat |

Discussion: 9:45 - 10 :00 AM

CAPSULE 9

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|--|----------------|-------------------|
| 1. Acute paronychia & Pulp space infection (techniques of drainage) | 10:00 -10:10AM | Dr Vasudeva Reddy |
| 2. Flexor tendon sheath and palmar space infection(techniques of drainage) | 10:10-10:20 AM | Dr Aashish |
| 3. Acute compartment syndrome (Video of fasciotomy) | 10: 20-10:30AM | Dr Ravi Shankar |

Discussion: 10:30 - 10 :45 AM



Tea break
10:45 – 11:00AM

CAPSULE 10

Distal phalanx mallet fractures, Nail bed injuries (Video of nail bed repair and Acute Mallet injury fixation)	11.00 - 11.20 AM	Dr. Vigneswaran
2. Fingertip injury (Local flap video)	11:20 - 11:40 AM	Dr Ajeesh Sankaran
3. Post operative dressing,slab, and casts(Video of slab/cast application)	11:40 -12:00 noon	Dr Anil K. Bhat
4. Postoperative mobilization, splinting and hand therapy	12:00 - 12:15 PM	Dr Bhaskaranand Kumar
Interaction and feed back about the course	12:15 -12:30 PM	All Faculty

LUNCH  12:30 PM onwards


1:00pm to 5:00 pm Hands on tendon repair work shop by Ethicon

• **REGISTRATION** •

Fee : 2000/-

FOR REGISTRATION, PLEASE CLICK HERE

Last date for registration 31st May

Any Queries contact :  +917337212372

LIMITED REGISTRATIONS ONLY

ORGANIZED BY

Amara Foundation,
Department of Orthopaedics - Amara Hospital
Karakambadi, Renigunta - Kadapa Highway
Tirupati, Andhra Pradesh - 517 520