



76th ISSH Basic Hand Course Distal Radius Fixation Workshop



Organised by

Department of Orthopaedics, AIIMS Bhopal

under the aegis of

Indian Society for Surgery of the Hand (ISSH)

in collaboration with

Department of Burns & Plastic Surgery, AIIMS Bhopal

Bhopal Orthopaedic Surgeons' Society (BOSS)



6th & 7th July 2024



LT 4, Sardar Vallabh Bhai Patel Bhawan, AIIMS Bhopal

Who should attend:

Postgraduate Residents (Ortho/ Plastic/ Gen Surg)
Consultant/ Practising Surgeons

Course Highlights

Instructional Lectures

Surgical videos

Hands-on workshop

Distal radius fixation (saw-bone)

Interactive sessions

Registration

Resident*: ₹ 1500 + 18% GST = ₹ 1770

Consultant: ₹ 2000 + 18% GST = ₹ 2360

* Letter from HOD is a must for Residents

Account name: Department of Orthopaedics, AIIMS Bhopal

Account number: 45340200000143

Bank of Baroda, AIIMS Bhopal branch

IFSC: BARB0AIIMSX (fifth letter is 'zero')

Registration link: <https://forms.gle/XyCjBtqRPpd78MVMA>

National faculty



Prof. Dr. Bhaskaranand Kumar

Former Professor Orthopaedics & Head,
Hand & Microvascular Speciality,

Kasturba Medical College & Hospital,
Manipal



Prof. Dr. Anil K. Bhat

Head, Department of Hand Surgery,

Kasturba Medical College & Hospital,
Manipal



Dr. Shailesh Gupta

Hand & Microvascular Surgeon,

Indore

Organising Committee

Organising Secretary:

Dr. Manish Dwivedi

Prof. Dr. John A. Santoshi

Dr. Prateek Behera

Scientific Coordinators:

Dr. V. K. Verma

Prof. Dr. Manal Mohd. Khan

Dr. Pankaj K. Mishra

Dr. Vishal S. Champawat

Dr. Sourabh K. Sinha

Course Faculty

Dr. Deepak Krishna

Prof. Dr. Arun Bhatnagar

Dr. Gaurav Chaturvedi

Prof. Dr. Rehan Ul Haq

Dr. Rahul Dubepuria

Prof. Dr. Santosh Wakode

Dr. Ved Prakash Rao C.

Dr. Manoj Nagar

Dr. Abhinav Singh

ISSH Basic Course in Hand Surgery

Day I : Saturday, 6th July 2024

8:30 to 9:00 AM Registration

Capsule 1

Sl.No	Topic	Time	Speaker
1.	Introduction to course	9.00 - 9.10 AM	Dr. Bhaskaranand Kumar
2.	First Aid in hand injuries (Video)	9.10 - 9.25 AM	Dr. Ved Prakash Rao Chevuru
3.	Clinical evaluation of hand injuries (Video)	9.25 - 9.45 AM	Dr. Anil K Bhat
Discussion: 9.45 - 9.55 AM			

Capsule 2

Sl.No	Topic	Time	Speaker
1.	Radiology in hand injuries	9.55 - 10.15 AM	Dr. Anil K Bhat
2	Anaesthesia in hand injuries (Video): Blocks in hand/wrist/WALANT	10.15 - 10.30 AM	Dr. Vishal Champawat
3	Debridement (Video)	10.30 – 10.50 AM	Dr. John A. Santoshi
Discussion: 10.50 - 11.00 AM			

Inauguration and Tea break: 11.00 – 11.30 AM

Capsule 3

Sl.No	Topic	Time	Speaker
1.	Basic consideration in tendon injuries	11.30 – 11.45 PM	Dr. Anil K Bhat
2.	Acute flexor tendon injury (Video of tendon repair)	11.45 - 12.00 PM	Dr. Shailesh Gupta
3.	Acute extensor tendon injury (Video of tendon repair)	12.00 - 12.15 PM	Dr. Arun Bhatnagar
4	Postoperative mobilization, splinting and hand therapy	12.15- 12.30 PM	Dr. Anil K Bhat
Discussion: 12.30 -12.45 PM			

Capsule 4

Sl.No	Topic	Time	Speaker
1.	Basic consideration in peripheral nerve injuries	12.45 - 1.00 PM	Dr. Bhaskaranand Kumar
2.	Electrodiagnosis (only interpretation of CTS or nerve injury demo of NCV report)	1.00 – 1.15 PM	Dr. Santosh Wakode
3.	Management of peripheral nerve injuries (Video of nerve repair)	1.15 – 1.30 PM	Dr. Anil K Bhat
Discussion: 1.30 – 1.45 PM			

Lunch Break: 1.45 - 2.15 PM

Capsule 5

Sl.No	Topic	Time	Speaker
1.	Middle & proximal phalanx fractures (Video of K wire fixation)	2.15 – 2.30 PM	Dr. Anil K Bhat
2.	Metacarpal fractures (excluding thumb) (Video of K wire fixation)	2.30 – 2.45 PM	Dr. Vishal Champawat
3.	Fractures and soft tissue injuries of thumb (Video of Bennett fracture fixation)	2.45 – 3.00 PM	Dr. John A. Santoshi
4	Acute compartment syndrome (Video of fasciotomy)	3.00 - 3.15 PM	Dr. Anil K Bhat
Discussion: 3.15 – 3.30 PM			

Capsule 6

Sl.No	Topic	Time	Speaker
1.	How to decompress carpal tunnel syndrome (Video)	3.30 – 3.45 PM	Dr. Shailesh Gupta
2.	How to release 1 st extensor compartment of de Quervain's tenosynovitis	3.45 – 4.00 PM	Dr. Deepak Krishna
3.	How to release a trigger finger	4.00 – 4.15 PM	Dr. Abhinav Singh
Discussion: 4.15 – 4.30 PM			

Day 2 Sunday, 7th July 2024

Capsule 7

Sl.No	Topic	Time	Speaker
1.	Fracture lower end of radius (closed reduction & external fixator treatment including videos)	8.30 - 8.50 AM	Dr. Manoj Nagar
2.	Internal fixation of distal radius fracture (exposure and plating video)	8.50 - 9.10 AM	Dr. Shailesh Gupta
3.	Scaphoid fractures	9.10 - 9.30 AM	Dr. Anil K Bhat
Discussion: 9.30 – 9.45 AM			

Capsule 8

Sl.No	Topic	Time	Speaker
1.	Acute paronychia & Pulp space infection (techniques of drainage)	9.45 - 10.00 AM	Dr. Rahul Dubepuria
2.	Flexor tendon sheath and palmar space infection (techniques of drainage)	10.00 - 10.15 AM	Dr. Bhaskaranand Kumar
Discussion: 10.15 - 10.30 AM			

Tea break – 10.30 - 10.45 AM

Capsule 9

Sl.No	Topic	Time	Speaker
1.	Skin graft (Split & full thickness) (Video)	10.45 - 11.05 AM	Dr. Gaurav Chaturvedi
2.	Fingertip injuries, including distal phalanx fractures, Nail bed injuries (Video of fingertip flaps and nail bed repair)	11.05 - 11.25 AM	Dr. Shailesh Gupta
3.	Flaps (videos of Local flaps, rotation flap, abdominal flap & groin flap)	11.25 - 11.45 PM	Dr. Manal M. Khan
Discussion: 11.45 - 12.00 PM			

Capsule 10

Sl.No	Topic	Time	Speaker
1.	Post-operative dressing, slab and casts (Video of slab/cast application)	12.00 – 12.15 PM	Dr. Shailesh Gupta
3.	Interaction and feedback about the course	12.15-12.30 PM	All Faculty

Lunch: 12.30 PM onwards

1.00 to 4.00 PM – Workshop on Distal Radius Fixation on Saw Bone Model – All Faculty