



78TH

ISSH BASIC HAND SURGERY COURSE

In Association with NAOA, VIZAG

**Dr. Bhaskaranand
Kumar, Udupi**



ISSH Basic Hand course Convener

**Dr. Anil K. Bhat
Manipal**



ISSH Basic Hand course Director



 **September 21st & 22nd 2024**

 **VIMS HOSPITAL, VIZAG**

Registrations Open Now

ORGANIZED BY

NORTH ANDHRA ORTHOPEDIC ASSOCIATION

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VIMS HOSPITAL, VIZAG

The Indian Society for Surgery of the Hand was founded in 1973 in Mumbai and had completed its golden jubilee celebrations in 2023. The basic hand course spearheaded by eminent Hand surgeons from Manipal, Dr Bhaskaranand Kumar and Dr Anil K Bhat, benefited many Orthopedic and Plastic surgeons across the Indian subcontinent by its simple video and photographic content with brief talks on the common hand ailment management.



ISSH Course Chairman
Dr. T. Bhavani Prasad

ISSH Course Director
Dr. Bhaskar Anand Kumar

ISSH Course Coordinator
Dr. Anil kumar bhatt

Chief Patron
Dr. K. RamBabu

MD., General Medicine
Director Visakha Institute of Medical Sciences(VIMS) Vizag

SPEAKERS:

1. Dr. Bhaskarananda Kumar
2. Dr. Anil K Bhat
3. Dr. Srinivas Rajappa
4. Dr. Subba Reddy
5. Dr. Sunil R
6. Dr. Gopinath Bhandari

NAOA COMMITTEE:

President: Dr. P. Sivananda
Secretary: Dr. B V R N Varma
Treasurer: Dr. L. Loknadh
Joint Secretary : Dr. V.V. Rajasekhar

ISSH BASIC COURSE IN HAND SURGERY

DAY 1: REGISTRATION : 8:30AM TO 9:00AM



CAPSULE 1

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|---|----------------|------------------------|
| 1. Introduction to the course | 9:00 - 9:10 AM | Dr. Bhaskaranand Kumar |
| 2. First Aid in hand injures | 9:10 - 9:30 AM | Dr. Sunil |
| 3. Clinical evaluation of hand injures (With Video) | 9:30 - 9:50 AM | Dr. Anil K. Bhat |

Discussion : 9:50 AM - 10:00 AM

CAPSULE 2

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|--|------------------|-------------------------|
| 1. Anaesthesia in hand injuries (Video): Blocks in hand/wrist/WALANT | 10:00 - 10:15 AM | Dr. Gopinath Bhandari |
| 2. Radiology in hand injuries | 10:15 - 10:30 AM | Dr. Bhaskarananda Kumar |
| 3. Debridement (With Video) | 10:30 - 10:50 AM | Dr. Anil K. Bhat |

Discussion : 10:50 - 11:00 AM



Tea break

11:00 - 11:30AM INAUGURATION OF THE PROGRAMME

CAPSULE 3

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|--|------------------|-------------------------|
| 1. Basic consideration in tendon injuries | 11:30 - 11:45 AM | Dr. Bhaskarananda Kumar |
| 2. Acute flexor tendon injury (Video of tendon repair) | 11:45 - 12:00 AM | Dr Srinivas Rajappa |
| 3. Acute extensor tendon injury (Video of tendon repair) | 12:00 - 12:15 PM | Dr. Vidya Kiran |

Discussion : 12:15 - 12:30 PM

CAPSULE 4

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|--|------------------|---------------------|
| 1. Basic consideration in peripheral nerve injuries | 12:30 - 12:45 PM | Dr. Sunil |
| 2. Electro diagnosis (only interpretation of CTS or nerve injury demo of NCV report) | 12:45 - 01:00 PM | Dr. Anil K. Bhat |
| 3. Management of peripheral nerve injuries (Video of nerve repair) | 01:00 - 01:15 PM | Dr Srinivas Rajappa |

Discussion : 1:15 - 1:30 PM



Lunch Break

1:30 - 2:00 PM

CAPSULE 5

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|--|----------------|-----------------------|
| 1. Middle & proximal phalanx fractures (Video of K wire fixation) | 2:00 - 2:15 PM | Dr. Gopinath Bhandari |
| 2. Metacarpal fractures (excluding thumb) (Video of K wire fixation) | 2:15 - 2:30 PM | Dr Srinivas Rajappa |
| 3. Fractures and soft tissue injuries of thumb (Video of Bennett fracture fixation) | 2:30 - 2:45 PM | Dr. Anil.K.Bhat |

Discussion : 2:45 - 3:00 PM

CAPSULE 6

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|---|----------------|-----------------------|
| 1. How to release a trigger finger (Video) | 3:00 - 3:15 PM | Dr. Gopinath Bhandari |
| 2. How to release 1st extensor compartment of de Quervain's tenosynovitis (Video) | 3:15 - 3:30 PM | Dr. Sunil |
| 3. How to decompress carpal tunnel syndrome (Video) | 3:30 - 3:45 PM | Dr. Anil.K.Bhat |

Discussion : 3:45 - 4:00 PM

Day 2

CAPSULE 7

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|---|----------------|---------------------|
| 1. Closed reduction, K wire fixation of fracture lower end of radius | 8:30 - 8:50 AM | Dr. Sunil |
| 2. Internal fixation of distal radius fracture (exposure and plating video) | 8:50 - 9:10 AM | Dr Srinivas Rajappa |
| 3. Acute scaphoid fracture | 9:10 - 9:30 AM | Dr. Anil K.Bhat |

Discussion : 9:30 - 9:45 AM

CAPSULE 8

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|--|------------------|-----------------------|
| 1. Acute paronychia & Pulp space infection (techniques of drainage) | 9:45 - 10:10 AM | Dr. Gopinath Bhandari |
| 2. Flexor tendon sheath and palmar space infection(techniques of drainage) | 10:00 - 10:15 AM | Dr.Bhaskaranand Kumar |
| 3. Acute compartment syndrome (Video of fasciotomy) | 10:15 - 10:30 AM | Dr. Anil K.Bhat |

Discussion : 10:30 - 10:45 AM



Tea Break
10:45 - 11:00AM

CAPSULE 9

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|---|------------------|-----------------------|
| 1. Skin graft (Split & full thickness) (Video) | 11:00 - 11:20 AM | Dr. Gopinath Bhandari |
| 2. Fingertip injuries, including distal phalanx fractures, Nail bed injuries (Video of fingertip flaps and nail bed repair) | 11:20 - 11:40 AM | Dr. Sunil |
| 3. Flaps for hand injury coverage (videos of rotation flap, abdominal flap/ groin flap) | 11:40 - 12:00 PM | Dr. Subba Reddy |

Discussion : 12:00 - 12:15 AM

CAPSULE 10

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|--|------------------|-------------------------|
| 1. Post-operative dressing, slab, and casts (Video of slab/cast application) | 12:15 - 12:30 PM | Dr. Anil K.Bhat |
| 2. Postoperative mobilization, splinting and hand therapy | 12:30 - 12:45 PM | Dr. Bhaskarananda Kumar |
| 3. Interaction and feedback about the course | 12:45 - 01:00 PM | All Faculty |

LUNCH  **01:00 PM onwards**

REGISTRATION

**Fee :1500/- Consultant
1000/- Post Graduate**

Any Queries contact:

 **+91 9849146668**

LIMITED REGISTRATIONS ONLY

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VIMS HOSPITAL, VIZAG

IN ASSOCIATION WITH INDIAN SOCIETY FOR SURGERY OF THE HAND

VENUE

**CONFERENCE HALL, 2ND FLOOR,
VISAKHA INSTITUTE OF MEDICAL SCIENCES, VIMS HOSPITAL
NH -16, Hanumanthavaka Junction, Visakhapatnam – 530 040, AP., India**