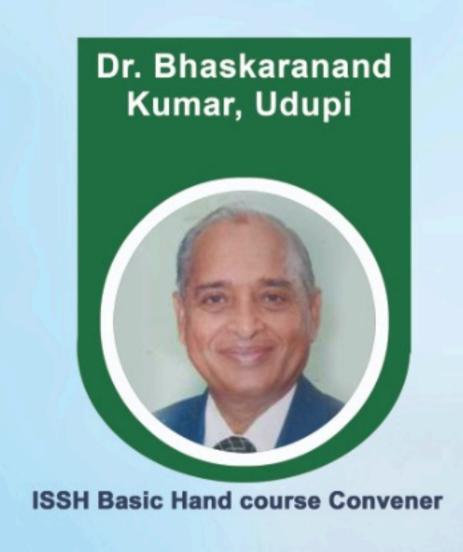
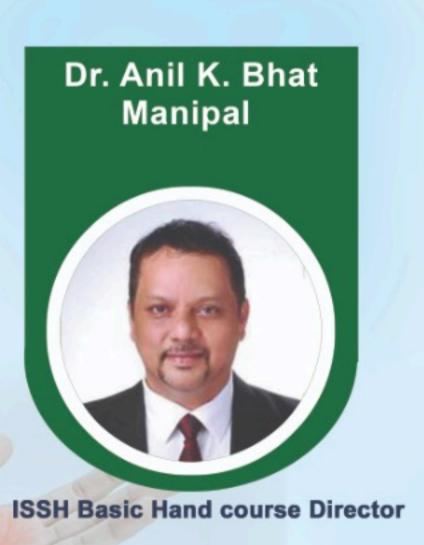






## ISSH BASIC HAND SURGERY COURSE In Association with NAOA, VIZAG







September 21st & 22nd 2024

**Q** VIMS HOSPITAL, VIZAG Registrations Open Now ORGANIZED BY

**NORTH ANDHRA ORTHOPEDIC ASSOCIATION** 

& VIMS HOSPITAL, VIZAG The Indian Society for Surgery of the Hand was founded in 1973 in Mumbai and had completed it's golden jubilee celebrations in 2023. The basic hand course spearheaded by eminent Hand surgeons from Manipal, Dr Bhaskaranand Kumar and Dr Anil K Bhat, benefited many Orthopedic and Plastic surgeons across the Indian subcontinent by its simple video and photographic content with brief talks on the common hand ailment management.



ISSH Course Chairman Dr. T. Bhavani Prasad ISSH Course Director Dr. Bhaskar Anand Kumar ISSH Course Coordinator Dr. Anil kumar bhatt

## **Chief Patron**

Dr. K. RamBabu

MD., General Medicine
Director Visakha Institute of Medical Sciences (VIMS) Vizag

## **SPEAKERS:**

- 1. Dr. Bhaskarananda Kumar
- 2. Dr. Anil K Bhat
- 3. Dr. Srinivas Rajappa
- 4. Dr. Subba Reddy
- 5. Dr. Sunil R
- 6. Dr. Gopinath Bhandari

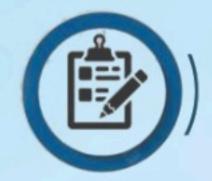
## **NAOA COMMITTEE:**

President: Dr. P. Sivananda Secretary: Dr. B V R N Varma Treasurer: Dr. L. Loknadh

Joint Secretary: Dr. V.V. Rajasekhar

## ISSH BASIC COURSE IN HAND SURGERY

DAY 1: REGISTRATION: 8:30AM TO 9:00AM



injures (With Video)





## CAPSULE 1

1. Introduction to the course 9:00 - 9:10 AM Dr. Bhaskaranand Kumar 2. First Aid in hand injures 9:10 - 9:30 AM Dr. Sunil 3. Clinical evaluation of hand 9:30 - 9:50 AM Dr. Anil K.Bhat

Discussion: 9:50 AM - 10:00 AM

## **CAPSULE 2**

1. Anaesthesia in hand injuries 10:00 - 10:15 AM Dr. Gopinath Bhandari (Video): Blocks in hand/wrist/WALANT

2. Radiology in hand injuries 10:15 - 10:30 AM Dr. Bhaskarananda Kumar

3. Debridement (With Video) 10:30 - 10:50 AM Dr. Anil K.Bhat

Discussion: 10:50 - 11:00 AM



### 11:00 - 11:30AM INAUGURATION OF THE PROGRAMME

## **CAPSULE 3**

Basic consideration in tendon 11:30 - 11:45 AM injuries
 Acute flexor tendon injury (Video of tendon repair)
 Acute extensor tendon injury 12:00 - 12:15 PM
 Bhaskarananda Kumar Dr. Bhaskarananda Kumar Dr. Srinivas Rajappa
 Dr. Vidya Kiran

Discussion: 12:15 - 12:30 PM

## **CAPSULE 4**

(Video of tendon repair)

1. Basic consideration in peripheral nerve injuries
2. Electro diagnosis (only interpretation of CTS or nerve injury demo of NCV report) 12:45 - 01:00 PM Dr. Anil K.Bhat

nerve injury demo of NCV report) 12:45 - 01:00 PM Dr. Anil K.Bhat
3. Management of
peripheralnerve injuries

(Video of nerve repair) 01:00 - 01:15 PM Dr Srinivas Rajappa

Discussion: 1:15 - 1:30 PM



# 1. Middle & proximal phalanx fractures (Video of K wire fixation) 2. Metacarpal fractures (excluding thumb) (Video of K wire fixation) 3. Fractures and soft tissue injuries of thunb (Video

Discussion: 2:45 - 3:00 PM

## **CAPSULE 6**

of Bennett fracture fixation)

1. How to release a trigger finger (Video)	3:00 - 3:15 PM	Dr. Gopinath Bhandari
2. How to release 1st extensor compartment of de Quervain's tenosynovitis (Video)	3:15 - 3:30 PM	Dr. Sunil
3. How to decompress carpal tunnel syndrome (Video)	3:30 - 3:45 PM	Dr. Anil.K.Bhat

Discussion: 3:45 - 4:00 PM

## Day 2

## CAPSULE 7

1. Closed reduction, K wire fixation of	8:30 - 8:50 AM	Dr. Sunil
fracture lower end of radius  2. Internal fixation of distal radius	8:50 - 9:10 AM	Dr Crinivas Balanna
fracture (exposure and plating video)	0.50 - 9.10 AW	Dr Srinivas Rajappa
3. Acute scaphoid fracture	9:10 - 9:30 AM	Dr. Anil K.Bhat

Discussion: 9:30 - 9:45 AM

## **CAPSULE 8**

1. Acute paronychia & Pulp space infection (techniques of drainage)	9:45 - 10:10 AM	Dr. Gopinath Bhandari
2. Flexor tendon sheath and palmar		D. Dhaalassaad Kassaa
space infection(techniques of drainage) 3. Acute compartment syndrome	10:00 - 10:15 AM	Dr.Bhaskaranand Kumar
001 66 14	10:15 - 10:30 AM	Dr. Anil K.Bhat

Discussion: 10:30 - 10:45 AM



## **CAPSULE 9**

flap/ groin flap)

1. Skin graft (Split & full thickness) (Video)	11:00 - 11:20 AM	Dr. Gopinath Bhandari
2. Fingertip injuries, including distal phalanx fractures, Nail bed injurie		Dr. Sunil
(Video of fingertip flaps and nail b repair)	ed 11:20 - 11:40 AM	
3. Flaps for hand injury coverage (videos of rotation flap, abdomina	11:40 - 12:00 PM	Dr. Subba Reddy

Discussion: 12:00 - 12:15 AM

## **CAPSULE 10**

1. Post-operative dressing, slab, 12:15 - 12:30 PM and casts (Video of slab/cast

Dr. Anil K.Bhat

application) 2. Postoperative mobilization, splinting and hand therapy

12:30 - 12:45 PM Dr. Bhaskarananda Kumar

3. Interaction and feedback about

12:45 - 01:00 PM **All Faculty** 

the course



## **REGISTRATION** •

Fee: 1500/- Consultant 1000/- Post Graduate

**Any Queries contact:** 



+91 9849146668

## LIMITED REGISTRATIONS ONLY

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NORTH ANDHRA ORTHOPEDIC ASSOCIATION

VIMS HOSPITAL, VIZAG

WITH INDIAN SOCIETY FOR SURGERY

CONFERENCE HALL, 2ND FLOOR,

VISAKHA INSTITUTE OF MEDICAL SCIENCES, VIMS HOSPITAL NH -16, Hanumanthavaka Junction, Visakhapatnam - 530 040, AP., India