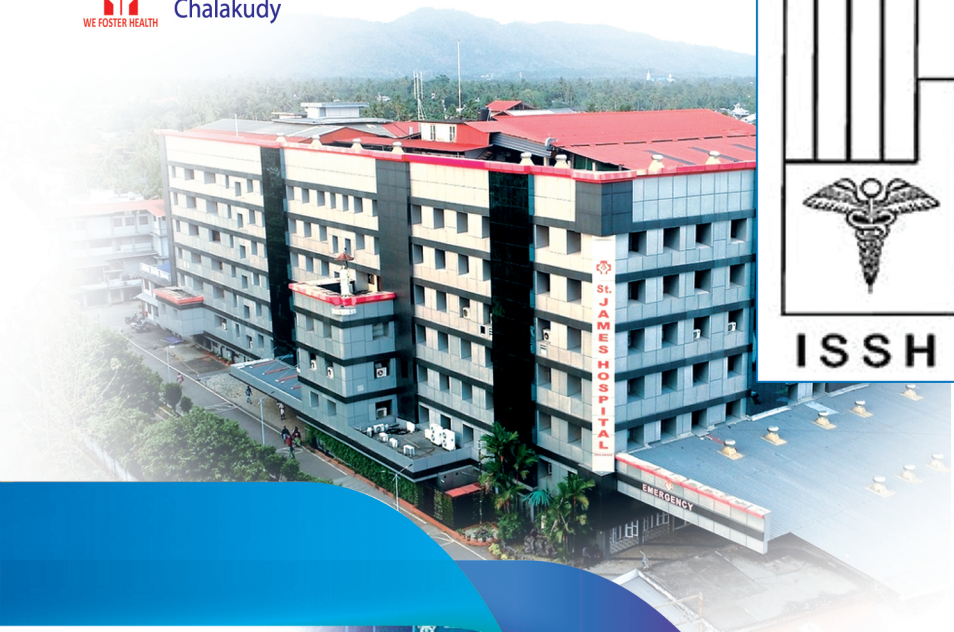
St.James' Hospital
Chalakudy

WE FOSTER HEALTH



ISSH



83rd ISSH Basic Course in Hand Surgery

Indian Society for Surgery of the Hand

TRICHUR ORTHOPAEDIC SOCIETY
1984

In association with TOS
(Trichur orthopedic society)

2026 FEBRUARY
21 22
@ St.James' Hospital
Chalakudy

Who should attend??

All trainees/PGs in Orthopaedics and Plastic Surgery
Surgeons involved in the practice of hand, wrist, nerve, and tendon surgeries.

Course highlights

Top notch faculty.
Practical insights and strategies.
Video presentation of techniques.
Engaging, interactive discussions.

Key take / home insights

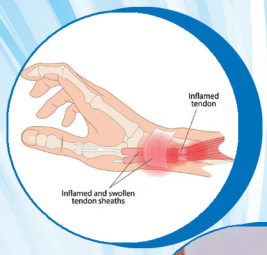
Strengthen foundational concepts.
Skill-building through video tutorials.
Guidance to avoid common mistakes.
Interactive discussions with experts.
Includes a hands-on workshop.



83rd ISSH Basic Course in Hand Surgery

TOPICS

Day 1 (Feb. 21)





Capsule 1

1. Introduction to the course
2. First Aid in hand injures
3. Clinical evaluation of hand injuries

Capsule 2

1. Radiology in hand injuries
2. Anesthesia in hand injuries
   Blocks in hand/wrist/WALANT
3. Hand injury Debridement

Capsule 3

1. Basic consideration in tendon injuries
2. Acute flexor tendon injury
3. Acute extensor tendon injury

Capsule 4

1. Basic consideration in peripheral nerve injuries
2. Electro diagnosis (interpretation of CTS or nerve injury demo of NCV report)
3. Management of peripheralnerve injuries

Capsule 5

1. How to decompress carpal tunnel syndrome
2. How to release 1st extensor compartment of de Quervain's tenosynovitis
3. How to release a trigger finger

Capsule 6

1. Middle & proximal phalanx fractures
2. Metacarpal fractures (excluding thumb)
3. Fractures and soft tissue injuries of thumb

83rd ISSH Basic Course in Hand Surgery

TOPICS

Day 2 (Feb. 22)

Capsule 7

1. Acute Scaphoidfractures
2. How not to miss carpal instability

Capsule 8

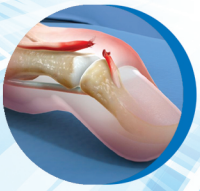
1. Radiology in hand injuries
2. Fracture lower end of radius (closed & external fixator treatment
3. Internal fixation of distal radius fracture

Capsule 9

1. Acute paronychia & Pulp space infection (techniques of drainage)
2. Flexor tendon sheath and palmar space infection (techniques of drainage)
3. Acute compartment syndrome

Capsule 10

1. Distal phalanx: Mallet injury and Nail bed injury
2. Fingertip injury : VY/cross finger /Moberg flap videos)
3. Post operative dressing,slab, and casts
4. Postoperative mobilization, splinting and hand therapy
5. Interaction and feedback about the course







WORKSHOP

Tendon repair
Ethicon

Distal radius
Meril (saw bone)

The Indian Society for Surgery of the Hand (ISSH) is a leading professional body dedicated to advancing hand surgery in India. Through workshops, conferences, and training programs, ISSH provides a strong platform for education, research, and skill development. By promoting collaboration and innovation, the society works to improve patient care, rehabilitation, and awareness of hand health nationwide.

Faculty



Prof. Dr. Bhaskaranand Kumar
Udupi
ISSH Basic Hand Course Convener



Prof. Dr. Anil K Bhat
Manipal
ISSH Basic Hand Course Director



Dr Manoj Haridas
Thiruvananathapuram



Dr Kishore
Kochi



Dr Ajeesh Sankaran
Calicut



Dr Paul George
Kochi



Dr Thomas Angelo
Tiruvalla



Dr Ajai K S
Thrissur



Dr Arun Raveendran
Aluva



Dr Pradeoth
Thrissur

Registration
Till 31/01/2026

INR 2500/- (for consultants)

INR 1000/- (for Post Graduates)

31/01/2026 onwards:
INR 3000/- (for consultants)
INR 1500/- (for Post Graduates)

For Queries:

Please contact: **8078086000**
E-mail: **handsurgery505@outlook.com**

Scan QR Code For Registration

Scan QR Code For payment

thehandclinic35@fbl

CLICK HERE FOR REGISTRATION



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Dr. Binoy P.S
(Organizing Secretary)



Dr. C. Sasikumar
(President of TOS)



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(Secretary of TOS)



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