

SCIENTIFIC PROGRAMME

APRIL 30

Session 1

Lunch

Session 2

CME Dinner

MAY 1

Session 3

Lunch

Workshop

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Ajeet Tiwari
Amit Varade
Anil Bhat
Anil Mathew
Binu Thomas
Darshan Jain
Dipak Malokar
Gopalakrishnan ML
Hari Venkatramani
Jayakumar R

Jyoshid Balan
Kiran Sasi
Kishore P

Latheesh Leo
Mohammed Nazar EK
Mohit Sharma
Monusha Mohan

Mukund Thatte
Nilesh Darawade
Pankaj Ahire
Praveen Bhardwaj

Raj Manas
Ravi Bharadwaj
S Raja Sabapathy
Sathya Vamsi Krishna

Sheeja Rajan
Sudhir Warriar
Sunil PP

Thushara KR
Vigneswaran V
Vijay Mohan
Vijay PG
Vineet Dabas

CHAIRMAN

Binoy PS

JT CHAIRPERSON

Manoj Haridas

SECRETARY

Ajeesh Sankaran

JT SECRETARY

Thomas Angelo Skariah

ISSH

MID - TERM

CME

RESURGENCE-
BACK ON OUR HANDS!



ISSH

MID - TERM CME

APRIL
30

<p>EveryDay Hand Surgery 1</p> <p>8:30 AM</p> <p>All About Hand Fractures</p>	<ol style="list-style-type: none">1. BASICS OF HAND FRACTURES2. CONSERVATIVE MANAGEMENT OF HAND FRACTURES3. OPERATIVE MANAGEMENT OF PHALANGEAL FRACTURES4. OPERATIVE MANAGEMENT OF METACARPAL FRACTURES5. MANAGEMENT OF PIP FRACTURE-DISLOCATIONS	<p>Dr Manoj Haridas Dr Dipak Malokar</p> <p>Dr Gopalakrishnan</p> <p>Dr Amit Varade</p> <p>Dr Sudhir Warriier</p>
<p>EveryDay Hand Surgery 2</p> <p>9:30 AM</p> <p>Common Hand Injuries</p>	<ol style="list-style-type: none">1. EVALUATION AND MANAGEMENT OF FINGERTIP INJURIES2. MUTILATING HAND INJURIES - EVALUATION AND STRATEGIES3. BASIC FLAPS FOR HAND COVERAGE	<p>Dr Ajeesh Sankaran</p> <p>Dr Hari Venkatramani</p> <p>Dr Jyoshid Balan</p>
<p>Flexor PechaKucha</p> <p>10:15 AM</p> <p>Flexor tendons</p>	<ol style="list-style-type: none">1. FLEXOR TENDON ANATOMY2. FLEXOR TENDON INJURIES3. FLEXOR TENDON RECONSTRUCTION	<p>Dr Vijay PG Dr Binoy PS</p> <p>Dr Sudhir Warriier</p>



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APRIL
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<p>10:45 AM</p> <p>Technique Theatre 1</p> <p>Edited Videos - Basic</p>	<ol style="list-style-type: none">1. FINGER TOURNIQUET APPLICATION2. V-Y FLAP3. CROSS FINGER FLAP4. TRIGGER RELEASE5. THENAR FLAP6. METACARPAL FRACTURE FIXATION	<p>Dr Vijay PG</p> <p>Dr Thomas Angelo Skariah Dr Ajeet Tiwari Dr Nilesh Darawade Dr Thushara KR Dr Sathya Vamsi Krishna</p>
<p>11:30 AM</p> <p>Extensor PechaKucha</p> <p>The Extensors</p>	<ol style="list-style-type: none">1. ANATOMY OF THE EXTENSOR SYSTEM2. EXTENSOR TENDON INJURIES [Z5,6,7]3. CENTRAL SLIP INJURIES4. Mallet Finger Injuries	<p>Dr Nilesh Darawade</p> <p>Dr Thomas Angelo Skariah</p> <p>Dr Darshan Jain Dr Anil Bhat</p>
<p>12:15 PM</p> <p>Paediatric Hand</p> <p>Hands different from birth</p>	<ol style="list-style-type: none">1. CLASSIFICATION AND EPIDEMIOLOGY OF CONGENITAL HAND DIFFERENCES2. SYNDACTYLY3. THUMB HYPOPLASIA4. RADIAL RAY DEFICIENCY	<p>Dr Monusha M</p> <p>Dr Sheeja Rajan Dr S Raja Sabapathy Dr Mukund Thatte</p>



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2:15 PM	Hand Slam	Critical points in Hand Surgery	QUICK 3 MINUTE TALKS FOCUSING ON ONE CRUCIAL ASPECT ALL HAND SURGEONS SHOULD KNOW	Dr S Raja Sabapathy Dr Mukund Thatte Dr Binu Thomas Dr Sudhir Warriar Dr Anil Bhat Dr Hari Venkatramani Dr Sheeja Rajan Dr Praveen Bhardwaj Dr Gopalakrishnan Dr Ravi Bharadwaj Dr Manoj Haridas Dr Binoy PS
3:00 PM	Stiff Hand	The ever present danger	1. CAUSES AND PREVENTION OF HAND STIFFNESS 2. MANAGEMENT OF PIP JOINT STIFFNESS 3. MANAGEMENT OF MCP JOINT STIFFNESS	Dr S Raja Sabapathy Dr Vineet Dabas Dr Manoj Haridas
3:45 PM	Technique Theatre 2	Edited Videos - Advanced	1. DISTAL RADIUS PLATING 2. SCAPHOID FRACTURE FIXATION 3. SCAPHOID BONE GRAFTING 4. MOBERG FLAP WITH NAIL BED/BONE GRAFT 5. EIP TO EPL TRANSFER 6. TRAPEZIUS TRANSFER 7. DISTAL BICEPS TENDON REINSERTION	Dr Pankaj Ahire Dr Binu Thomas Dr Ravi Bharadwaj Dr Ajeesh Sankaran Dr Dipak Malokar Dr Vigneswaran V Dr Darshan Jain



ISSH MID - TERM CME

APRIL
30

4:45 PM

Micro
surgery

The small
details

1. FINGER AND HAND REPLANTATION
2. MAJOR REPLANTATION
3. PRINCIPLES AND TECHNIQUES OF THUMB RECONSTRUCTION
4. TOE TO HAND TRANSFERS
5. NERVE TRANSFERS IN THE UPPER EXTREMITY

Dr Jyoshid Balan

Dr Raj Manas

Dr Hari Venkatramani

Dr Jayakumar R

Dr Mukund Thatte

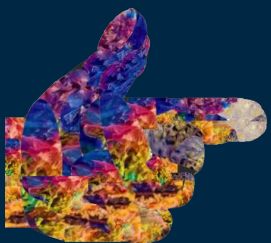
6:00 PM

**PG Quiz
Prelims**

7:30 PM

CME Dinner

- Demo by Arthrex India



ISSH

MID - TERM CME

MAY
1

<p>8:00AM</p> <p>Wrist Surgery</p> <p>The wrist and its problems</p>	<ol style="list-style-type: none">1. DIAGNOSIS AND MANAGEMENT OF ACUTE SCAPHOID FRACTURES2. MANAGEMENT OF SCAPHOID NON UNIONS3. TREATING DISTAL RADIUS FRACTURES4. MALUNIONS OF THE DISTAL RADIUS5. PERILUNATE DISLOCATIONS	<p>Dr Binoy PS</p> <p>Dr Binu Thomas</p> <p>Dr Pankaj Ahire</p> <p>Dr Sathya Vamsi Krishna</p> <p>Dr Ravi Bharadwaj</p>
<p>9:00AM</p> <p>Brave New World</p> <p>The pandemic and later</p>	<ol style="list-style-type: none">1. PERSPECTIVES ON THE PANDEMIC2. VIRTUAL AND VIRAL - ISA SURVIVES THE PANDEMIC3. LONG COVID IN THE HEALTHCARE SETTING4. ISSH AND COVID	<p>Dr S Raja Sabapathy</p> <p>Dr M A Nazar</p> <p>Dr Vijay Mohan</p> <p>Dr Pankaj Ahire</p>
<p>9:45AM</p> <p>Nerve Surgery</p> <p>Making nerves work</p>	<ol style="list-style-type: none">1. ELECTRODIAGNOSIS AND IMAGING OF NERVE INJURIES2. PRINCIPLES AND TECHNIQUES OF NERVE REPAIR3. ASSESSMENT AND STRATEGIES IN ADULT BRACHIAL PLEXUS INJURIES4. APPROACH TO BIRTH BRACHIAL PLEXUS PALSY	<p>Dr Anil Mathew</p> <p>Dr Latheesh Leo</p> <p>Dr Kishore P</p> <p>Dr Praveen Bhardwaj</p>



ISSH

MID - TERM CME

MAY
1

Elbow-
Forearm

10:45AM

Basics of
forearm
injuries

1. ACUTE MONTEGGIA INJURIES
2. CHRONIC MONTEGGIA INJURIES
3. THE STIFF ELBOW
4. DRUJ RECONSTRUCTION

Dr Sunil PP
Dr Ajaykumar V
Dr Anil Bhat
Dr Kiran Sasi

Mixed Bag
PechaKucha

11:50AM

Assorted
fundamentals

1. THUMB UCL INJURIES
2. UNDERSTANDING CARPAL INSTABILITY
3. OSTEOARTHRITIS IN THE HAND
4. ACUTE HAND BURNS
5. TENDINOPATHIES AROUND THE WRIST

Dr Praveen Bhardwaj
Dr Ajeet Tiwari

Dr Vigneswaran V
Dr Raj Manas
Dr Latheesh Leo

**PG Quiz
Finals**

12:30PM

**Synthes Workshop[^]
- VA LCP**

**POST
LUNCH**

[^]seats limited to first 40 registrants