

**4th ANNUAL INDO-US HAND SURGERY CONFERENCE:**

***“COMMON PROBLEMS IN SURGERY OF THE UPPER LIMB: HOW I DO IT “***

**Venue: Web based learning series**

**Web Host: OrthoTV (<https://orthotvonline.com/>)**

**Dates: Every Saturday in May 2021**

**Time: 8-10 pm IST**

**Course Chairman: Chaitanya S. Mudgal MD, MS(Orth.), M.Ch(Orth.)**

**Organizing Committee**

Dr. Sudhir Warriar, MS (Orth.)

Dr. Binu Thomas, MS (Orth.)

Dr. Anil Bhat, MS (Orth.)

Dr. Pankaj Ahire, MS (Orth.)

**Sponsors**

Tara Mudgal Trust

Deshpande Foundation (<https://www.deshpandefoundation.org/>)

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## **Faculty:**

### **India:**

Raja Sabapathy, Coimbatore  
Mukund Thatte, Mumbai  
Sudhir Warriar, Mumbai  
Pankaj Ahire, Mumbai  
Hemant Patankar, Mumbai  
Binu Thomas, Vellore  
Samuel Pallapati, Vellore  
Anil Bhat, Manipal  
Abhijeet Wahegaonkar, Pune  
Ravi Bharadwaj, Kolkata  
Shailesh Gupta, Indore  
Ram Chidambaram, Chennai

### **USA:**

Chaitanya Mudgal, Boston MA  
Amit Gupta, Louisville KY  
Marco Rizzo, Rochester MN  
Christina Boulton, Tucson AZ  
Charles Cassidy, Boston MA  
Becky Neiduski, Elon NC  
Gae Burchill, Boston MA

### **Canada:**

Paul Binhammer, Toronto ON  
Ruby Grewal, London ON  
Shrikant Chinchalkar, London ON  
Christine Novak, Toronto ON

### **UK:**

Sumedh Talwalkar, Wrightington  
Joideep Phadnis, Brighton

# Program

## **Session 1: May 1, 2021**

### **Phalanx and metacarpal fractures**

#### **Moderator: Pankaj Ahire**

Closed pinning of P1/ P2 fractures - Hemant Patankar, India

PIP fracture-dislocation: Hemi-hamate replacement arthroplasty- Pankaj Ahire, India

Management of acute and delayed presentation of MP dislocation - Ravi Bharadwaj, India

Metacarpal plating - Chaitanya Mudgal, USA

IM screw fixation of metacarpal fractures - Abhijeet Wahegaonkar, India

Rehabilitation after hand fractures: strategies to minimize stiffness - Becky Neiduski, USA

Case discussion: Parag Lad / Ajeesh Shankaran

## **Session 2: May 8, 2021**

### **Common compressive neuropathies and tendinopathies**

#### **Moderator: Anil Bhat**

CTS: diagnosis and open surgical release - Mukund Thatte, India

Cubital tunnel syndrome / tardy ulnar nerve lesions - Binu Thomas, India

Uncommon compressive neuropathies - Anil Bhat, India

Lateral epicondylitis: is there any science in its management? - Marco Rizzo, USA

The role of hand therapy in non-operative and post-operative management of carpal and cubital tunnel syndromes and lateral epicondylitis - Christine Novak, Canada

Case Discussion: Ashwath Acharya / Mithun Pai

### **Session 3: May 15, 2021**

#### **Tendon injuries / Combined injuries**

##### **Moderator: Binu Thomas**

Jersey finger / Mallet finger - Samuel Pallapatti, India

Zone 2 flexor tendon injury - Amit Gupta, USA

Combined injury - Raja Sabapathy, India

Applications and technique of WALANT – Paul Binhammer, Canada

Fingertip injuries; management with local flaps - Shailesh Gupta, India

Rehabilitation strategies for flexor tendon injuries in Zone 2 and in dorsal combined injuries – Shrikant Chinchalkar, Canada

Rehab- Indian perspective - Sangeetha

Case discussion: Anil Matthew / Kiran Sasi / Sreekanth Raveendran

### **Session 4: May 22, 2021**

#### **Disorders of the wrist**

##### **Moderator: Sudhir Warriar**

Scaphoid fractures - imaging and role of acute fixation - Binu Thomas, India

Scaphoid nonunion - diagnosis/ imaging and surgical repair - Sudhir Warriar, India

Kienbock's disease - current concepts in diagnosis and management - Chuck Cassidy, USA

Scapholunate injury - current concepts in diagnosis and management - Ruby Grewal, Canada

CMC arthritis of the thumb - Sumedh Talwalkar, UK

Rehabilitation after wrist trauma - Becky Neiduski, USA

Case discussion: Nikita Shetty / Rohan Habbu

**Session 5: May 29, 2021**

**Management of complex elbow injuries**

**Moderator: Chaitanya Mudgal**

Radial head fractures: when to fix and when to replace - Chaitanya Mudgal, USA

Complex fractures of the proximal ulna - Christina Boulton, USA

Terrible triad of the elbow: management techniques – Ram Chidambaram, India

Biceps and triceps ruptures– Joideep Phadnis, UK

The stiff elbow - prevention and management - Anil Bhat, India

Rehabilitation of the injured elbow – Gae Burchill, USA