# Hastaprati

ISSH

August 2024



Newsletter of

Indian Society for Surgery of the Hand

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# Messages from EC members

#### Dr Rajendra Nehete

- President ISSH



Dear Colleagues,

It gives me immense pleasure to address you through this year's edition of ISSH Annual Newsletter. As we look back on the past year, it is heartening to see the strides our society has made in advancing the field of hand surgery, through resilience, collaboration, and a commitment to excellence, we continue to emerge stronger.

The last year has been one of growth, learning, and innovation. Our society has organized several educational workshops, webinars, and hands-on training sessions that have helped bridge knowledge gaps and empower young

surgeons. The ISSHCON 2023, annual conference at Chandigarh was yet another milestone, highlighting innovative research, surgical techniques, and providing an invaluable platform for sharing experiences. I congratulate Dr Samrat Taori and his team for organising excellent Mid-term CME of ISSH at Nagpur on the 6th and 7th April 2024. It was a remarkable success, had galaxy of speakers to deliver the scientific content and was well attended.

As we move forward, Dr Bharat Kaddadi and the organizing team is working hard for the next ISSHCON, which will be at Bengaluru on 4th-6th October 2024. We will have a closing of the golden jubilee year of ISSH at this conference and we are happy to have guest societies of other countries, Australia, UAE and Singapore with us. It is an opportunity to display our work at this meeting. I appeal all the members to register and participate with their scientific presentations and enjoy the social programmes.

We will also be organizing the 14th biennial congress of Asian Pacific Federation of Societies of Surgery of the Hand (APFSSH) at Chennai on 10-13th September 2025. Organizing secretary Dr G Karthikeyan and team has already started working for the success of the congress. I wish all the organizing teams of the events the best of luck.

We have declared 23rd August as the National Hand Surgery Day which also is a National Space Day. I am sure this day will be celebrated well at all Units in India and will lead to better awareness about Hand Surgery across India.

I encourage each of you to actively engage in the initiatives that ISSH undertakes. Your contributions, be it in research, education, or clinical practice, are the backbone of our society's progress. I am particularly pleased with the increased participation of younger members, whose fresh perspectives and energy are essential for the society's growth.

To name a few initiatives,

Dr Anil Bhat is leading the ISSH research wing which was conceptualized by him. This wing is working very hard for the research work and in future will lead the country at international forum. The research wing has completed 12 Indian Normative data projects, which was initiated by Dr Mukund Thatte and led by Dr Anil Bhat . The wing is also working on the first ISSH clinical practice guidelines for Trigger finger management.

- 2. Basic hand courses initiated by Dr Bhaskaranand Kumar and ably supported and run by Dr Anil Bhat has immense contribution in spreading hand surgery knowledge across the country. 77 courses have been conducted to date.
- 3. ISSH Academics activities lead by Dr Praveen Bharadwaj including Sunday watch, monthly Review article, drawing of the month, monthly Review article is very popular among the members and has proved to be an exceptional knowledge tool for all.
- 4. The programme 'Training of the Trainers' will be continued for a minimum of 5 years. I am sure this will create good leaders in the society. We are grateful to Dr Chaitanya Mudgal, Dr Sharmila and Kudav-Mudgal Foundation for supporting this initiative.

Our mission remains to provide the highest standard of care to our patients while fostering a culture of continuous learning and innovation. Together, we can push the boundaries of what is possible and continue to set new benchmarks in hand surgery.

I also appeal to our members to make full use of the ISSH fellowships being offered.

I express my sincere gratitude to all members of the ISSH family for your unwavering dedication, hard work, and commitment. Let us continue working together towards achieving our shared vision and making meaningful contributions to our field.

Looking forward to another year of progress and shared success. See you at Bengaluru meeting.

Warm regards,

Dr Rajendra Nehete President, ISSH

#### Dr. Anil K. Bhat

#### - Secretary & Treasurer



Dear ISSH Members.

I hope this message finds you well. It is an exciting time for us as we continue to celebrate the Golden Jubilee year of the Indian Society for Surgery of the Hand (ISSH). This milestone marks 50

years of dedication to advancing the field of hand surgery, and we are striving to make our society more vibrant and impactful than ever.

Golden Jubilee Achievements: We are proud to announce the successful completion of the Indian Normative Projects, an initiative driven by our past president, Dr. Mukund Thatte, and undertaken by the ISSH Research Wing. This project is a significant achievement that underscores our commitment to research and innovation in hand surgery.

Membership Growth: Our annual membership continues to grow steadily. I encourage all annual members to renew their memberships in a timely manner to continue benefiting from the society's resources and initiatives. Your continued involvement is crucial to our collective success.

Educational Initiatives: Our educational efforts are expanding, with the launch of ISSH reels on Instagram and other social media platforms by the ISSH Academic Wing. These short, informative videos aim to engage a broader audience and share valuable insights into hand surgery.

**ISSH Basic hand surgery courses**: We reached a significant milestone of conducting the 75th ISSH Basic Hand Surgery Course, and just last week, completed the 77th course. This is a remarkable achievement in bringing hand surgery education to the doorsteps of practitioners across the country. This year, courses were held in Ahmedabad, Kolkata, Bangalore, Tirupati, Bhopal, and Tirunelveli.

Fellowships and Opportunities: ISSH members have successfully secured the ASSH and IFSSH Traveling Fellowships, reflecting the high calibre of our community. Additionally, our ISSH Fellowship

calls have received an excellent response, furthering our mission to support the professional development of our members.

New Initiatives: We are working on creating a member directory on our website, allowing patients and the public to easily connect with hand surgeons across various regions of the country. This initiative will enhance our outreach and accessibility.

**Events and Conferences**: The mid-term ISSH CME was successfully conducted in Nagpur, providing a platform for knowledge exchange and skill development. Looking ahead, we are excited about ISSHCON 2024, which will take place in Bangalore from October 4th to 6th, 2024. This conference will also feature the second edition of the TTT (Training the Trainer) program. We look forward to welcoming you all to Bangalore for this landmark event.

Election Notification: We will soon announce the election for the Vice President position and three Executive Committee (EC) members. One post is for Vice President, and there are three EC member posts available—two with a three-year duration and one with a one-year duration. We encourage all eligible members to participate in this important process.

I want to thank the all the senior members of the EC, fellow EC members and ISSH secretarial staff for helping me in carrying out my duty . I also thank all our ISSH members for your continued support and active participation in our society's activities. Together, we are making significant strides in advancing hand surgery across India.

Please feel free to reach out to me with any questions or suggestions.

Warm regards,

Dr. Anil K.Bhat

Secretary and Treasurer, ISSH

#### Dr. Santosh Rath

#### - Immediate Past President



Dear ISSH members

Greetings from Bhubaneswar.

I'm looking forward to meeting you all in the upcoming ISSHCON in Bangalore, which will be a great event. We have an excellent pick of orators and other academic sessions. I welcome the second batch of TTT Fellows and hope they enjoy the preparatory session. The enthusiasm of members to engage with the ISSH Golden jubilee leadership development program is heartwarming. Let's join the conference in large numbers and benefit from the hard work put in by the organisers.

With best regards,

Santosh Rath Immediate Past President, ISSH

#### Dr. Pankaj Ahire - President Eléct



Dear ISSH Colleagues

The greatest exhibition of human effort in sports just got over in Paris at Olympics. Every broken record tells us that there is more to achieve and it's possible... all it needs is belief and effort in the

right direction.

ISSH has witnessed unprecedented growth in last few years. While it achieves greater height on various fronts -academic, research, advocacy, recognition - it is important that it digs deep. The future of ISSH growth will depend not on where the current membership leads us but on how many more members join us in this journey.

Hand surgery needs to be taken to masses. ISSH is well positioned and duty bound to do this. In coming months, as my tenure of ISSH Presidency begins, I request ISSH members spread over our vast country, to come forward and conduct small courses, events, meetings related to Hand Surgery to create awareness in their region or surrounding unreached regions. I promise to attend each of these events in person to represent ISSH during my presidency. ISSH will do everything in its capacity to support such activity. With a pool of formally trained faculty under ISSH TTT (Train The Trainer) programme, we have no paucity of trainers in most states and regions across the country. Such events will be a good opportunity for many to make their skils in hand surgery known in their region in addition to what their surgical expertise will achieve.

I hope many of you will be attending the upcoming ISSHCON at Bengaluru. It promises to be an academic feast. The Organising Chaiman Dr Bharat Kadadi, a dear friend, promises hospitality to match!

10th to 13th September, 2025 will see APFSSH being held in Mahabalipuram. I invite those who want to be part of the organising team to reach out. This is an event by ISSH... it's our event, it's your event!

It is our opportunity to showcase our strengths to the world.

Join us for an altius, citius & fortius future!

Yours sincerely

Pankaj Ahire

President Elect, ISSH

#### Dr. Raj Manas

#### - Executive Committee Member



#### Dear ISSH Members

It is a great honour for me to write to you as an EC member of ISSH. We have crossed the first half of 2024, and under the aegis of ISSH, several basic hand courses, including mid-term CME, were conducted at different places. This is a great start to train all primary surgeons about the basics of hand surgery so that adequate primary management of hand injury and adequate referral on time can be taken. At the same time, it brushes up the knowledge of all hand surgeons those who are already doing excellent work in our country.

We are grateful to Dr. Praveen sir and his team who have brought ISSH academics to a higher level. In the digital era, the online available short REELS helps in understanding the key points easily in a few minutes on mobile.

This month August, 23rd, we are celebrating National Hand Surgery Day. We need to advocate the role of hand surgeons among our colleagues and the general population. We also appeal to all ISSH members to celebrate this day and do some activities either academic or awareness programme to enhance and recognize the role of hand surgeons in dealing with hand injuries and other hand-related disorders.

We are also eagerly awaiting the mega event of the year ISSHCON 2024 to be held in Bangalore. The organizing team has put in lots of effort including hands-on workshops and keynote lectures by eminent national and international faculties to make the event successful. The second batch of the 'TTT programme' has been selected and that will be the icing on the cake during ISSHCON. We appeal to all ISSH members to register for this meeting and get maximum benefits from all faculties.

#### Regards

#### Dr. Raj Manas

Additional Professor, Department of Plastic, Reconstructive & Burns Surgery AIIMS, New Delhi

#### Dr. Ajeesh Sankaran - Executive Committee Member



Reaching for the Stars As we celebrate National Hand Surgery Day on August 23, we should recognise that the National Space Day also now falls on the same day. In future years, we would be bracketed with the achievements of our national space programme! Just as space missions are meticulously planned and executed to explore the cosmos, hand surgeons plan and execute procedures to restore function and dexterity to injured or diseased hands. Both endeavours require precision, skill, and a deep understanding of complex systems. India's remarkable achievements in space exploration mirror the advancements made in hand surgery. The founders of both these fields could scarcely have imagined how far we would come in these years. On this special occasion, let us honour the countless giants on whose shoulders we are able to stand. Their tireless efforts have not only improved the lives of countless people but have also elevated our nation's standing on the global stage. Our shoulders now have the responsibility to keep the wheels turning, of moulding a culture of excellence in the ISSH and to keep alive our spirit of perseverance and enquiry. We are also surrounded by events that invoke despair, a sense of helplessness. But there is always more good to fight for and the better to strive for. All that we have to decide is what we do with our time, and the rest is theory! Hope to see everyone in Bengaluru, for what promises to be a blockbuster ISSHCON 2024!

Regards

Dr Ajeesh Sankaran KIMS Al Shifa Superspeciality Hospital Perinthalmanna

#### Dr. Vijay A Malshika<u>re</u> - Executive Committee Member



It's a great pleasure to connect with all of you through this newsletter.

It's inspiring to see the significant transformation within the ISSH, with members becoming increasingly engaged and enthusiastic. This year, we are proud to introduce the Ideas & Innovations Award, named in honor of the beloved Prof. Late B.J. Kamath. This award will serve as a platform to recognize and support your innovative ideas.

On August 23rd, we will celebrate Hand Surgery Day in India. Across the country, ISSH members will organize seminars, symposia, press conferences, and other activities aimed at educating primary health caregivers on essential measures for the prevention and management of hand injuries, as well as proper splinting techniques before patients are referred to a hand surgery center. Additionally, we are planning awareness programs on hand injury management through radio, press releases, first aid flyers, brochures highlighting red flags in hand injuries, and instructional videos demonstrating basic surgical steps. Our members will also work to spread awareness about managing simple hand injuries and the proper preservation of amputated parts for transportation to a hand surgery center for replantation.

Dear members, on behalf of the Executive Committee, I would like to warmly welcome you to this year's annual conference in Bengaluru, the Garden City and Silicon Valley of India. This year's conference promises to be an enriching and valuable experience for everyone involved in hand surgery.

I look forward to all that lies ahead.

Warm regards

Dr Vijay A Malshikare EC Member

#### Dr. Sunil Gaba

#### - Executive Committee Member



Dear Friends.

Greetings from Chandigarh.

I feel honored to be part of the ISSH executive committee. Hope you are well. I believe our society is providing a platform

to all our members to refine their skills by various fellowships and courses. My vision is to extend this strategy on a continuing basis. We need to be spread wide and deep as the world is moving to Al and in future Al is going to be the norm. We have to find out the potential integration of artificial intelligence (AI) into our practice. AI technologies offer innovative solutions that can enhance diagnostic accuracy, streamline workflows, and support surgical planning. We are keen to explore how these advancements could benefit our work and improve patient outcomes. We have fantastic and versatile young hand surgeons in our society so we should be working together to bring our young technology savvy hand surgeons to take this forward.

With Gratitude

#### Sunil Gaba

Professor, Department of Plastic Surgery, PGIMER, Chandigarh

#### Dr Binoy P S - Executive Committee Member



Dear **ISSH** Members.

I am privileged to be a part of the administrative fold of our esteemed society. The upcoming year promises to be a truly landmark one for us. We are proud that Dr.

Rajasabapathy has been elected as the President of the IFSSH. His journey stands as a testament to the fact that with focus, hard work, and a relentless drive to improve, nothing is impossible to achieve.

The marked improvements in the ISSH website are another significant step forward, and they will undoubtedly be a boost to our specialty. Initiatives like "Find a Hand Surgeon" will be immensely helpful for patients in need, ensuring they can easily connect with the right specialists.

We are also witnessing a growing interest in hand surgery as a specialty. The increasing number of students choosing this path, coupled with the rise in fellowships, is a promising trend that will ultimately benefit our patients.

As we move forward. let us continuphold values dedication ue to the of excellence that and define our society.

Warm regards, Dr Binoy PS

#### Dr. Subashini Rajendiran

#### - Executive Committee Member



Dear ISSH members.

#### Greetings!

As EC member I am getting to do some work and getting involved in discussions and decisions. I feel like I am still in a learning phase of my role. I am happy to see and learn from the other members of Executive council.

I have to mention about the wonderful Midterm CME conducted by Dr. Samrat Taori and team in Nagpur. It was an event with great academic content and hospitality. I got the opportunity to be one of the faculty in hands on training workshop for suturing techniques and tendon repair techniques. The session was very unique and the delegates interacted with lots of questions. I got to be part of two research projects of ISSH Normative Data, which are completed and published. I am grateful and thankful for all the guidance and support received from the research wing of ISSH including Prof. Mukund Thatte sir.

It is always a pleasure to do the ISSH academic work. The ISSH reels are great learning resources. I request all members to follow the 'ISSHacademics' page in Instagram. Our society is always keen on bringing the maximum benefits to its members. Looking forward for the ISSHCON2024 in Bengaluru.

With regards,

#### Dr. Subashini Rajendiran

MBBS, DNB (Gen Surg), MCh (Plastic & Reconstructive Surgery), MBA (Hosp Management), European Board Diploma of Hand Surgery,

Associate Prof, Dept of Hand Surgery,

Sri Ramachandra Institute of Higher Education and Research,

Porur, Chennai.

# Report of 10<sup>th</sup> ISSH Mid-Term CME 2024, Nagpur

#### 10<sup>th</sup> ISSH MID TERM CME 2024 REPORT

Vidarbha Orthopaedic Society Nagpur under the aegis of Indian Society of Surgery for the Hand (ISSH) and in association with Maharashtra Orthopaedic Association (MOA) and Central India Association of Plastic Surgeons (CIAPS) successfully conducted the 10th ISSH Mid Term CME at Nagpur on 6th & 7th April 24 at Hotel Centre Point, Nagpur. It was a 2 days academic program on Hand, Wrist and Nerve Surgery Update.

The meeting was planned for the practicing consultants and trainees in Orthopedics, Plastic surgery and Hand Surgery. The main focus of this Mid Term meet was Wrist and Arthritis (covering mainly Distal Radius Fracture, Carpal Injuries, Wrist Arthroscopy, Hand Arthritis, Tendinopathy). We had short instructional lectures, case presentations and tutorials. There were Techshops (Technical discussions) were on Metacarpal Fracture and Suzuki frame and also Workshops were on Dressing and Plaster cast Technique & on Suturing techniques. There was also Poster presentation by 18 Post graduate students.

Senior Faculties included Dr Rajendra Nehete, Dr Pankaj Jindal, Dr Shailesh Gupta, Dr Anil Bhatia, Dr Anil Mathew, Dr Ajit Phadke, Dr Vasudeo Gadegone and many more Excellent Academicians from all over India.

The meeting was attended by about 140 delegates who were mainly from Vidarbha and few were from other parts of Maharashtra and other states.

Dr Rajendra Nehete, President ISSH was the Chief guest for the program. We were fortunate to have Respected Police Commissioner of Nagpur,

Dr Ravinder Singal as the Guest of Honor for the Inaugration. ISSH EC members Dr Subashini R and Dr Vijay Malshikare actively participated in the meeting.

Dr Abhijeet Wahegaonkar, Secretary MOA and Dr Pramod Raut, Joint Vice President MOA graced the meeting and contributed in Academic deliberations.

CIAPS had a prominent presence in the meeting through local Faculty and significant attendance. Dr Samir Jahagirdar (President), Dr Dhananjay Nakade (Secretary), Senior members – Dr S Iliyas, Dr S Kothe, Dr J Mehta, Dr S Patil and others were present throughout the meeting.

The Academic program went smoothly because of sheer commitment of each speaker, active participation of delegates, flawless Audio-Visual arrangement and perfect venue arrangement.

Dr Kiran Saoji (Org. Chairman), Dr Samrat Taori (Org. Secretary), Dr Avinash Ranade (Org. Co Chairman) along with Advisory Committee viz. Dr R M Chandak, Dr Shailesh Nisal & Dr Parag Lad and Organizing Committee members worked hard in planning as well execution. With the guidance and strong support of Dr Satyajeet Jagtap (President VOSN) & Dr Samir Dwidmuthe (Hon. Secretary VOSN) we could achieve the twin goal of improving skill sets and upgrade our knowledge. Finally the Faculty, Delegates and Trade people were happy and satisfied with the Academics and arrangements of the ISSH Mid Term CME.







74<sup>th</sup> ISSH Basic Hand Surgery Course, Bengaluru

#### 74<sup>th</sup> Basic Hand Surgery Course, Bengaluru

Bangalore's unique ISSH Basic Hand Surgery Course, a 2-day event covering all basic aspects of hand surgery, was conducted by Manipal Hospital Old Airport Road on May 18th and 19th, 2024, at Hotel Lalith Ashok. Organized by Hand Surgeon Dr. Bharath K Kadadi, the event was inaugurated by ISSH President Dr. Rajendra Nehete, Patron Dr. Bhaskaranand Kumar, Hospital Director Dr. Manish Rai, and ISSH Secretary Dr. Anil K Bhat. With nearly 100 participants, the event featured interactive discussions, live videos, guest lectures, and a workshop on distal radius plating. The feedback was highly encouraging, and many requested more such scientific events.









### 75<sup>th</sup> Diamond Jubilee ISSH Basic Hand Surgery Course, Tirupati

#### 75th Diamond Jubilee ISSH Basic Hand Surgery Course, Tirupati

Dr Vasudeva Reddy, a practicing orthopaedic hand surgeon from Amara hospital, Tirupati and his team organised the "75th Basic Course in Hand Surgery" at Tirupati on 14th and 15th of June 2024. This was a momentous occasion for the ISSH Basic course which is being conducted from the last two decades across the country under the convenorship of Dr Bhaskarananda Kumar and the course director Dr. Anil K.Bhat.

This was attended by 84 practicing Orthopaedic surgeons and residents from various medical colleges. The programme was well received by all the delegates who stayed till the end of each day and interacted with the course speakers on various common hand surgeries and rectified their doubts. It was very special for the organising team to host the prestigious 75th course at their hospital and the delegates provided a very positive review.

This programme included a complimentary hand on workshop for tendon repair techniques on day 2 and the venue was packed till the end. The speakers for this course were invited from various states of India and were all exclusive hand surgeons. This being the first course in this region and second in Andhra Pradesh, it was well utilised and well appreciated and many of the attendees enquired for repetition of this course annually to refresh their hand surgery skills and nuances.

The organisers deeply appreciated the opportunity to organise such an educative course in their region and expressed their indebtedness to ISSH for its academic commitment.









76<sup>th</sup> ISSH Basic Hand Surgery Course, Bhopal

#### 76th Basic Hand Surgery Course, Bhopal

The Department of Orthopaedics, All India Institute of Medicine Bhopal organised the ISSH Basic Hand Course under the aegis of the Indian Society for Surgery of the Hand (ISSH) in collaboration with the Department of Burns & Plastic Surgery, AIIMS Bhopal, and the Bhopal Orthopaedic Surgeons' Society (BOSS) on the 6th and 7th July 2024.

This was the 76th ISSH Basic Hand course and was the first national-level event in central India. The course convenor Prof. Dr. Bhaskaranand Kumar, course director Prof. Dr. Anil K. Bhat, and Dr. Shailesh Gupta were the national faculty. Dr. John A. Santoshi was organising secretary, along with Dr. Manal Mohd. Khan and Dr Vishal S. Champawat as scientific coordinators. There was an enthusiastic response to the course, with around 100 participants, including a mix of post-graduate orthopaedic and plastic surgery post-graduates, senior residents, faculty from medical colleges, and private practitioners.





The course was inaugurated by the Hon'ble Executive Director & CEO, AIIMS Bhopal, Prof. Dr. Ajai Singh Sir, on the 6th of July 2024. He highlighted the critical importance of hand surgery and that at the initial stage, we must strive to minimize complications. Ensuring optimal functionality was crucial in the management of crush injuries of the hand. He emphasised the need for all orthopaedic surgeons to learn the basics of hand surgery, as it is an important aspect of trauma care.

The entire course was divided into 10 capsules, which covered all the basic aspects of hand surgery like management of trauma from first aid to definitive surgery, peripheral nerve injury evaluation and management, carpal tunnel syndrome, trigger finger, deQuervain's stenosing tenosynovitis, infection, soft tissue cover, splinting and rehabilitation. Didactic lectures with videos of the surgical procedures, rehabilitation protocols, and splinting were the highlights of the event. The interactive session after each capsule witnessed active participation from the delegates.



The e-poster session, held as part of the course, saw the participation of residents of various medical colleges. The course culminated on the afternoon of 7th July 2024 with a hands-on distal radius fracture fixation workshop. The delegates had the opportunity to fix different patterns of distal radius fractures on saw bone models with anatomical implants. The delegates were encouraged to become members of the ISSH to avail themselves of the benefits of various learning opportunities and fellowships hosted by the society.

# 2<sup>nd</sup> Manipal Upper Limb Course (MULC-2)

#### 2<sup>nd</sup> Manipal Upper Limb Course (MULC-2)

The Second Manipal Upper Limb Course (MULC-2) was conducted by the Department of Hand Surgery, KMC Manipal, on July 20, 2024, at the TMA Pai auditorium in ManipalUnder the dynamic leadership of Prof. Anil K. Bhat. Dr. Padmaraj Hegde, Dean KMC Manipal graced the programme as the chief guest and emphasized the importance of continuous learning and skill development in the field of hand surgery.





The course featured hands-on workshops, expert lectures, and interactive sessions to enhance participants' knowledge and practical skills. with his vast teaching experience. Renowned hand surgeons from around the country were invited as faculty members, to share their expertise and insights with the participants. Eminent faculty who served as examiners for various universities Dr Samuel Pallapati from CMC Vellore, Dr Ravi Bharadwaj from Apollo hospital Kolkata, Dr Srinivasan Rajappa from Sri Ramachandra Medical College Chennai,

Dr Latheesh Leo from Father mullers medical college Mangalore, Dr Atmananda Hegde and Prajwal Mane from Kasturba Medical College Mangalore moderated live case presentations by postgraduates from various colleges in and around Manipal. The participants had the opportunity to present, observe, and learn from these live case presentations, gaining valuable practical knowledge. Eighty postgraduates attended the course and presented four upper limb exam cases. The postgraduates who attended the course were able to showcase their knowledge and expertise through the presentation of these cases. This allowed them to receive feedback and constructive criticism from their peers and faculty members, further enhancing their learning experience. Additionally, an interactive session on the brachial plexus examination by Dr. Ashwath Acharya was conducted to enhance the participants' skills in the examination of individual muscles, ensuring a well-rounded learning experience. The course conducted a discussion on orthoses and prostheses. During the discussion on orthoses and prostheses, the postgraduates had the opportunity to explore different types of assistive devices and their applications.

Introduction to Objective Structured Clinical Examinations (OSCEs)) by Prof. Anil K. Bhat was the highlight of the course. The participants were provided with firsthand experience on how to approach and excel in Objective Structured Clinical Examinations (OSCEs), which are a crucial component of medical education and assessment as per PGMER 2023 guidelines. This practical session helped the participants gain the confidence and skills necessary for success in their future clinical exams. A cadaveric dissection workshop on common upper limb procedures was performed in the afternoon session, allowing participants to apply their knowledge in a hands-on setting. This interactive experience further enhanced their understanding of upper limb anatomy and procedures commonly encountered in clinical practice. Finally, a debriefing session was held to discuss key learning points and address any questions or concerns that arose during the workshop. This comprehensive approach ensured that participants were able to fully integrate the knowledge and skills gained throughout the day into their clinical practice.

77<sup>th</sup> ISSH Basic Hand Surgery Course, Tirunelveli

#### 77th Basic Course in Hand Surgery, Tirunalveli

Dr Venkatesh Babu from SriSakthi hospital at Tirunalveli organised the "77th Basic Course in Hand Surgery" on 17 th and 18 th August 2024. This was attended by practicing orthopedic surgeons and residents. This programme included various topics on acute hand injuries, common surgical procedures, hand infections , post op dressings and mobilisation. It also included a complimentary hands on work shop for tendon repair techniques and various surgical exposures demonstrated by the faculty on day 2. The speakers for this course were invited from various southern states of india and were all exclusive hand surgeons. This course was well utilised and well appreciated by the delegates who attended the course.







# Publications from ISSH Members

#### Publications from ISSH Members

- Mohapatra DP, Tripathy S, Mishra B. Grading Congenital Anomalies of the Hand for Defining Outcomes and Improved Patient Communication: A Practical Approach. Indian J Plast Surg. 2024 Mar 18;57(2):159-161. doi: 10.1055/s-0044-1781444. PMID: 38774725; PMCID: PMC11105815. International(Q3),
- 2. Kaladagi N, Manas RK. A Prospective Study of Graft Repositioning over Flap Technique for Reconstruction of Fingertip Amputation. J Hand Surg Asian Pac Vol. 2023 Dec;28(6):669-676. doi: 10.1142/ S2424835523500704. Epub 2023 Dec 5. PMID: 38073410. (International)
- Nanda Acharya; A. M. Acharya; Anil K. Bhat; Dinesh Upadhya; Dhiren Punja; Sumalatha Suhani: The outcome of polyethylene glycol fusion augmented by electrical stimulation in a delayed setting of nerve repair following neurotmesis in a rat model. Acta Neurochirurgica. November 2023 (Q1) International
- 4. Ashwath M Acharya, Anil K Bhat, Mithun Pai G , Ekanki Bansal:Epithelioid malignant peripheral nerve sheath tumour of the ulnar nerve around the elbow: a diagnostic and therapeutic challenge. November 2023.(Q4) International
- 5. Melanie Rose Dsouza, Anil K. Bhat, Sneha Guruprasad Kalthur, Samuel Allwyn Joshua: Three-Dimensional Silicon Mold Analysis of the Carpal Tunnel: A Morphometric Study in Human Cadavers. Nr 2023;13 (3):476-483.(Q3) International
- 6. Mithun Pai; Anil K Bhat; Ashwath Acharya; Aakriti Datta: Bilateral post-traumatic brachial plexus injury in an Adult: A note on the probable mechanism of injury. Indian Journal of Orthopaedics. (Case report). July 2023(Q3) National
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Election Notification



#### **Indian Society for Surgery of the Hand**

#### **ISSH** Executive Council

#### **PRESIDENT**

Dr Rajendra Nehete Nashik rajendranehete@gmail.com

#### VICE PRESIDENT

Dr Pankaj Ahire Mumbai drahire@hotmail.com

#### **IMMEDIATE PAST PRESIDENT**

Dr Santosh Rath Bhubaneshwar

#### **SECRETARY & TREASURER**

Dr Anil K Bhat Manipal anil.bhat@manipal.edu

#### **COUNCIL MEMBERS-AT-LARGE**

Dr Raj Manas New Delhi

Dr Ajeesh Sankaran Kochi

Dr Vljay Malshikare Pune

Dr Sunil Gaba Chandigarh

Dr Binoy P.Sayoojianandhan Chalakudy

Dr Subhashini Rajendran Chennai

#### Managing trustee

Dr S Raja Sabapathy Coimbatore rajahand@gmail.com

#### **Trustees**

Dr Bhaskarananda Kumar Manipal drbhaskaranad@yahoo.com

Dr Ravi Mahaian Amritsar drravikmahajan@gmail.com 28th August 2024

#### **Election Notice to the EC of ISSH**

Nominations are invited from eligible & desirous members of ISSH who are Indian nationals for election to the following posts to the ISSH Executive Council. If there are more applicants than the number of posts vacant, election by secret ballot will be held.

Post	Numbers	Tenure	Starts
1. Vice President*	One	One-year	1st Jan 2025
2. Member at large	Two	Three years	1st Jan 2025
3. Member at large	One	One-year	1st Jan 2025

<sup>\*</sup> Vice President is the President Elect.

The nominations should be sent in the prescribed application form to reach the secretary, ISSH on or before 2359 hrs of 20th September 2024. Deadline for withdrawal of nomination is on or before 2359 hrs of 27th September 2024.

The Election will be held during and simultaneous with the GBM on 2nd day of ISSHCON 2024 between 1730 hrs. and 1930 hrs. on 5th October 2024 at Hotel Clarke Resort, Bangalore, India. Only those Indian members of ISSH whose names were in the members register at the time of this notice are eligible for voting.

Application for Election to the post of Vice President and Executive Council Member at large of ISSH can be obtained by mailing the Secretary, ISSH: secretary@issh.org

We look forward to your active participation Best Regards

President ISSH

Secretary and Treasurer, ISSH

#### **ISSH Secretariat**

Ganga Medical Centre & Hospitals Pvt Ltd 313, Mettupalayam Road, Coimbatore - 641 043 Phone - 0422 2485000

Email: secretary@issh.org, rajahand@gmail.com

Upcoming events



## AUGUST 23

### now also the National Space Day!

Celebrating our Hands and the Spirit of Excellence that put the Chandrayaan-2 on the Moon

### SUGGESTED THEMES

FOR YOUR HAND SURGERY DAY CELEBRATIONS

- Newer Innovations in Hand Surgery
- Making Hand Surgery Accessible
- Latest Techniques for Best Hand Function or something else?

### LET US KNOW!

Send us a report of your Hand Surgery Day activity in 500 words and two pictures!

> **Email your thoughts, ideas and reports to** secretary@issh.org

Hands that reach for the stars...



#### Contact

#### Secretary & Treasurer

Dr Anil K. Bhat

Associate Dean, Professor and Head
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Kasturba Medical College, Manipal
Manipal Academy of Higher Education
Email: secretary@issh.org

#### Central Office of ISSH

#### C/O Dr. S. Raja Sabapathy

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