Hastaprati

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Newsletter of Indian Society for Surgery of the Hand



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Messages by the EC Members

Dr Rajendra Nehete

- President ISSH



Dear Esteemed Members of the Indian Society of Hand Surgery,

It is with immense humility and gratitude that I extend my heartfelt thanks to each and every one of you for entrusting me with the honour of serving as the President of the Indian Society of Hand Surgery (ISSH) in its Golden Jubilee year. As a senior surgeon within our esteemed community, I am deeply humbled by the faith you have placed in me, and I am wholeheartedly committed to upholding the values and advancing the mission of our society.

First and foremost, I want to express my profound appreciation to my predecessors for their dedication and tireless efforts in advancing the field of hand

surgery in India. Their leadership has paved the way for our society's growth and success, and I am truly privileged to follow in their footsteps. We are in the transformation phase of ISSH, in terms of academics, achievements of our members and celebrations.

After the success of the Chandigarh ISSHCON, we are all set for the next ISSHCON at Bangalore in October 2024. As we embark on this journey together, I am filled with optimism and enthusiasm for the future of hand surgery in our nation. While we have made significant strides in recent years, there is still much work to be done. ISSH has now a good number of young and enthusiastic members and I am impressed with their service to their patients and contribution to the activities of ISSH. I firmly believe that we possess the talent, passion, and determination to push the boundaries of excellence and innovation in hand surgery.

With this in mind, I envision a future for the ISSH that is defined by collaboration, education, and advocacy. Together, we have the opportunity to enhance the quality of care for patients with hand-related conditions, promote research and knowledge-sharing, and advocate for the advancement of hand surgery as a specialized field within the broader medical community.

To achieve these goals, I propose several initiatives that I believe will propel our society forward:

- 1. Continuing Education Programs: Implementing academic events of ISSH like Mid-term CMEs, annual ISSHCON, workshops and seminars to foster professional development and knowledge exchange among our members. Our academic head Dr Praveen Bharadwaj and team is working very hard with programmes like Sunday Watch, Monthly Review Article, Drawing of the month and ISSH videos. All these programmes are appreciated by the members and find it very useful. I congratulate our academic team for their work and achievements.
- 2. Research and Innovation: Establishing grants and scholarships to support research endeavours in hand surgery, with a focus on indigenous solutions tailored to the needs of our population. We have a very able and efficient secretary, Prof. Anil Bhat working on clinical practice guidelines and I am sure this will definitely improve the quality of care we deliver. He is also head of our Research Wing and the whole team is working towards research activities with great vigour. We are expecting excellent outcomes of the research activities and this will elevate our society standards.

- 3. International Fellowships and Collaboration: Cultivating partnerships with international hand surgery societies to leverage their expertise and resources for the benefit of our members and patients. We have two international fellowships and two inland fellowships every year and I appeal the junior members of ISSH to apply for these fellowships. These fellowships will help them collaborate with our senior members and international leaders in hand surgery.
- 4. Mentorship Programs: Creating opportunities for mentorship and career guidance to nurture the next generation of hand surgeons and ensure the sustainability of our field. The first step towards this goal is to highlight the departments in the county providing fellowships and degrees in hand surgery. We have invited our members to send the details of these programs, which will be compiled in a list and posted online. The programme started by our past president, Dr Santosh Rath, that is 'Training of the Trainers' will be continued for a minimum of 5 years. I am sure this will create good leaders in the society.

I welcome you all for the Mid-term CME of ISSH at Nagpur on the 6th and 7th April 2024 being organised by Dr Samrat Taori and his team. Dr Bharat Kadadi and the organizing team is working hard for the next ISSHCON, which will be at Bangalore on 4th-6th October 2024. I appeal all the members to register and participate with their scientific presentations and enjoy the social programmes. We will also be organizing the 14th biennial congress of Asian Pacific Federation of Societies of Surgery of the Hand (APFSSH) at Chennai on 10-13th September 2025. Organizing secretary Dr G Karthikeyan and team has already started working for the success of the congress. I wish all the organizing teams of the events the best of luck.

In closing, I am truly excited about the possibilities that lie ahead for the Indian Society of Hand Surgery. Together, we have the power to shape the future of hand surgery in India and make a meaningful difference in the lives of countless individuals. Once again, I extend my deepest gratitude to each of you for your support and confidence in me. Let us embark on this journey together with unity, purpose, and unwavering dedication to excellence.

With best regards,

Dr Rajendra Nehete President ISSH

Dr. Anil K. Bhat - Secretary & Treasurer



Dear ISSH members

New Year greetings to all of you as we step into 2024. This newsletter brings you a detailed account of the ISSH Golden Jubilee celebrations held at Chandigarh and also the fellowship calls for 2024. The Golden Jubilee celebrations of our society continues till we culminate the same at ISSHCON 2024, Bangalore and the society in the period is led by President Dr. Rajendra Nehete along with addition of three new EC members. At the juncture, I would like to place my gratitude to Dr. Mukund Thatte, past President of ISSH for his contribution in the past two years in his administrator role and also as the Chair of the fellowship committee. It is with great pleasure that I inform that Dr. Thatte has agreed to continue as the Fellowship Chair.

The various academic and research activities of the ISSH continues by our ISSH academic team and the research wing and I request our members to participate in these initiatives actively. The success of "Training the Trainers" programme for our members to progress in their leadership roles is very noteworthy and is planned to continue in the coming years. This innovative initiative of Dr.Santosh Rath, our immediate past President has generated a lot of interest among the members and I request our members to apply for this programme for the coming edition.

As we move along this year's academic programs, an interesting array of events are lined up including ISSH Basic Hand Courses at Ahmedabad, Kolkata, Bangalore and Tirupati in the first half of the year. Later in the year, we will be conducting the ISSHCON 2024 at Bangalore and also gear up for APSSH in 2025. From the ISSH Secretariat, please fellow the communications for international calls for fellowship and Hand Surgery events across the globe. Pease also encourage your Orthopaedic and Plastic Surgery colleagues to become ISSH members for those interested in Hand Surgery.

I thank each and every ISSH members for your co-operation in conducting the activities of ISSH as we continue to strive to bring in more value additions for your membership.

Jai hind and warm regards,

Dr. Anil K.Bhat Secretary and Treasurer, ISSH

Dr. Santosh Rath - Immediate Past President



Dear ISSH members

At the beginning of the year we welcome the new Executive Committee members and the incumbent ISSH President Dr. Rajendra Nehete and President Elect Dr. Pankaj Ahrie. Our dynamic Secretary Prof. Anil Bhat continues to generate new activities and participation of members in academic and advisory forums. The enthusiasm is noteworthy. I congratulate Anil and the other members leading these initiatives. Looking forward, we have many important ISSH activities planned for the year and I urge younger members to participate in the mid-term CME and send their abstracts to ISSHCON 24. There is of course the Indo-US meeting in CMC Vellore in March and Basic Hand Surgery Courses in various part of the country.

Reflecting on the events in 2023, the Golden Jubilee celebration in Chandigarh and the felicitation of past presidents will linger in our collective memory as ISSH moves to greater heights. The combined meeting of Indian & British Hand Societies in Glasgow was a great success, with many ISSH participants and an opportunity to showcase our achievements and progress made in the past 50 years. The ISSH leadership initiative with the Training the Trainers (ToT) programme was a success and we hope the current and future EC will support continuation of the programme. The enthusiasm of the 12 participants to learn and upgrade communication skills will be put to use in the upcoming CME, basic course and during the annual conferences. These 12 seniors will be the ambassadors to train other ISSH members and their trainees on effective communication skills. The ToT programme for 2024 is being discussed and I urge you all to apply.

With best regards,

Santosh Rath Immediate Past President, ISSH

Dr. Pankaj Ahire

- President Elect



Dear ISSH Seniors, Colleagues & friends,

It is refreshing to be back in ISSH administrative fold after a gap of one year as your vice president & president elect. I thank you for placing trust in me.

As ISSH continues to grow, the leaps in surgical skill, research, training opportunities is visible. Each member elected to governing council of ISSH is duty bound to foster this growth. It will however be myopic to not look beyond current growth chart.

I dream of ISSH with higher number of members across the globe, faster conduction of business at the speed of thought & stronger than ever before international ties, local networks & finances.

Altius, Citius, Fortius!

From being process driven we need to move to be goals driven.

I appeal to each one of you, in each state of India, to identify cities and towns where a day long initiation in Hand Surgery program can be conducted. Also explore your Hand Surgeon friends out of India for collaboration with ISSH.

I appeal to international members of ISSH to respond to our calls to facilitate international ties.

I wish the best for the current President Dr Rajendra Nehete to continue the good work of his predecessor.

Let's make coming years count!

Pankaj Ahire

President Elect, ISSH

Dr. Raj Manas

- Executive Committee Member



Dear ISSH Members

As we enter into the new year, we must introspect on the past year of ISSH and make new resolutions for 2024.

In 2023, we moved forward and created beautiful memories by celebrating Golden Jubilee year in Chandigarh. On that occasion, we interacted with several of our past presidents who attended the ceremony and listened to their inspiring journey and we have been mesmerized to remember their contributions to ISSH. It is because of them where we are today.

We also celebrated National Hand Surgery Day on 23rd August which was a milestone. Several hand injury prevention programs and the role of hand surgeons were advocated for the general public and our colleagues from other specialty.

We were blessed to work & learnt under the leadership of our past president Dr. Santosh Rath who took many initiatives like celebrating the Golden Jubilee year and Training the Trainers programme. Both the program were a huge success. We welcome our new president and new executive members and I hope, our journey for the betterment of ISSH as a team will continue in the year 2024.

Now, as our role as a hand surgeon moves forward in the year 2024 to excel in providing the best care for hand injuries patients, further spreading awareness to the general public about the prevention of those injuries and better documentation of the excellent work we are doing which is to be shown to the rest of the world in the form of maximum presentations and publications.

Our two national academic events mid-term CME at Nagpur and ISSHCON 2024 at Bangalore are waiting to gather us again to share our knowledge, make new friends, and finally give the best hand surgery care to our patients. I wish you all the best wishes and happy new year 2024.

Regards

Dr. Raj Manas

Additional Professor, Department of Plastic, Reconstructive & Burns Surgery AIIMS, New Delhi

Dr. Ajeesh Sankaran

- Executive Committee Member



Another year has blazed by and a special one it was! We all came togethto remember the visionaries who moulded our speciality in India, to celebrate how far we have all journeyed and to dare dream of far more

for the future.

Science is universal, not to be chained by boundaries and confines that we have fashioned. Yet as surgeons, we must necessarily respect these distinctions since we deal with the pains and promises of actual people, no two of whom are the same. Even the two hands attached to the same person are not exact mirror images! The challenges faced by Hand Surgeons in India are shaped by differences in anatomy, cultural aspirations and socioeconomic challenges of the particular regions we work in. The ISSH is, therefore, in a unique position among Hand Surgery societies to be able to converse on a broad range of clinical issues that need illumination. Over the coming decades, I hope data and research from India will point towards solutions not only for problems unique to our country but also generally common across the world.

So, as we regard 2024 and the next few decades, let us hope that we will be fortunate to have stalwarts of the stature of the giants in Hand Surgery that we have already been hallowed with; and that we will all have the fortitude to go beyond being ordinary; and that together we will make whole the symphony of happiness in life and excellence at work.

चरन्मार्गान्विजानाति ।

(caranmārgānvijānāti) The wanderer (eventually) finds the path

- Mahabharata, Adi Parva - 133:23

Happy New Year!

Regards

Dr Ajeesh Sankaran KIMS Al Shifa Superspeciality Hospital Perinthalmanna

Dr. Vijay A Malshikare - Executive Committee Member



Happy New Year to all,

Our society has played a vital role in promoting educational and training programs for aspiring hand surgeons, ensuring that future generations the possess requisite skills knowledge and

to advance the field. Through the cultivation of a culture centered on continual learning and professional growth, we are committed to upholding the highest standards of patient care.

During the recent Executive Committee meeting in Chandigarh, I proposed an increase in funding for the Acland Fellowship, which was met with overwhelming support. I am delighted to announce that the prize money for the Acland International Fellowship has now been raised to 1.5 lakh. This enhancement will not only motivate young surgeons but also encourage increased membership.

For further details regarding the various fellowships and our ongoing endeavours, please visit our website at [issh.org].

Warm regards

Dr Vijay A Malshikare EC Member

Dr. Sunil Gaba

- Executive Committee Member



Dear Friends.

I feel honored to be part of the ISSH executive committee. This is my first interaction with all the ISSH members through a newsletter. We navigate the complexities

of modern medicine. Hand surgeons stand at the forefront of innovation, compassion, and excellence in care. I personally believe that ISSH is providing a platform via various fellowship programs to each and every hand surgeon to refine their skills in advancing surgical techniques, embracing emerging technologies, and fostering interdisciplinary collaboration.

My vision for hand surgeons is one of unwavering

dedication to patients, innovation, and collaboration. Together, we can shape a future where every hand surgeon embodies excellence, compassion, and the relentless pursuit of healing. A community of hand surgeons dedicated not only to surgical mastery but also to holistic patient-centered care. Our compassion, empathy, and commitment to understanding the unique needs of each individual contribute to healing beyond the operating room.

With Gratitude

Sunil Gaba

Professor, Department of Plastic Surgery, PGIMER, Chandigarh

Dr Binoy P S - Executive Committee Member



Dear Members of the ISSH.

It is with immense pride that I and gratitude express privilege my in being a part of the distinguished executive committee of ISSH. These

moments, whether participating in international conferences or witnessing our members assume pivotal roles, mark milestones that fill us with pride. Our international engagements not only bring glory to ISSH but also serve as a source of inspiration for younger generations. They instill in them the ambition to aspire for greater heights. As we continue to accumulate valuable international experience, both we and our global counterparts recognize the outstanding quality and sheer volume of work undertaken by our organization.

However, in our pursuit of excellence, it becomes evident that the number of research papers falls short in comparison to the extensive body of work

we generate. It is crucial for ISSH to be recognized on the international stage, and one key avenue for achieving this is through quality publications and presentations.

I urge each member of the committee to find time amidst their busy schedules to invest in scientific studies. By dedicating ourselves to producing impactful research, we not only enhance ISSH's reputation but also contribute significantly to the advancement of knowledge in our field.

Let us collectively commit to fostering an environment that encourages and supports high-quality research. By doing so, we can elevate ISSH to new heights and continue making meaningful contributions to the scientific community on the global stage. Thank you for your unwavering dedication and commitment to the mission of ISSH.

Sincerely, Dr Binoy PS

Dr. Subashini Rajendiran

- Executive Committee Member



Dear ISSH members.

"This year, be structured enough for success and achievement and flexible enough for creativity and fun." - Taylor Duvall.

I wish you all a very happy and prosperous new year 2024.

I thank each and everyone of you for providing me the opportunity to serve ISSH as EC member. With lots of gratitude, I specially thank my mentors for the guidance and support.

ISSH is a very active and dynamic society in terms of bringing value to its members and representing the country in international forums. I personally have gained a lot through the ISSH academic and research activities. I wish that the benefit reaches each and every member.

As Hand surgeons, we should focus and create awareness on prevention of hand injuries, timely interventions and the rehabilitation of the hand. Apart from performing surgeries, it is also our moral obligation to publish our results. Together, let's make the specialty and association grow more strong.

With regards, Incoming EC member

Dr. Subashini Rajendiran

MBBS, DNB (Gen Surg), MCh (Plastic & Reconstructive Surgery), MBA (Hosp Management), European Board Diploma of Hand Surgery,

Associate Prof, Dept of Hand Surgery,

Sri Ramachandra Institute of Higher Education and Research,

Porur, Chennai.



Golden Jubilee Celebrations Report - Dr. G kartikeyan

Report on the Golden Jubilee Celebration of the ISSH



ISSH Members celebrating Golden Jubilee year 2023-24

The Golden Jubilee celebration of the ISSH was held on 8 September, 2023 at the ISSHCON 2023, in a glittering function befitting the honourable Indian Society for Surgery of the Hand. The function kickstarted at the Main Hall of Hotel Mountview, Chandigarh on 8 September, 2023 at 4 pm.

It started with an Intro to the Program by the President of ISSH, Dr Santhosh Rath, and Dr G Karthikeyan took over as Master of Ceremonies.

The theme video of the Program played to resounding applause. The logo of the Golden Jubilee, which had been designed by Ms Shailee, daughter of ISSH member Dr Shailesh Gupta, was also released. Dr Ajeesh Sankaran and Dr Shailesh Gupta were applauded for their efforts!

Video showing the history of the ISSH, which had been compiled laboriously by Dr Parag Lad was shown, followed by a short video message from Dr R Venkataswami, one of the oldest members of the Society.

A history of ISSHCONs over the years, and the list of Orators who had enriched the ISSHCONs were shown to the awed audience.

Dr Amit Gupta spoke on his Association with the ISSH over the years and Dr Michael Tonkin contemplated on what should be the way forward for the Society. Dr S Raja Sabapathy, President Elect of International Federation of Societies for Surgery of the Hand (IFSSH) spoke about the glory of the Society.

A video showing all the Past Presidents of ISSH and their contributions shown. was Homage was paid to the departed Souls. The 12 Past Presidents who were in attendance were duly honoured on the dais with the Golden Jubilee Medallion. A

collective photograph of all these Doyens was taken with the entire audience hopping on to the stage, not wanting to miss this Golden opportunity! It was an emotional moment for all the members and the Past Presidents.

The Program went on to highlight the role of Women in Indian Hand Surgery, which had been compiled by Dr R. Subashini, and the scenario of Hand Transplantation in India, compiled by Dr Selva Seetharaman.

Dr Santhosh Rath concluded with the direction that the Society needed to take, laying emphasis on the training Program, which was further elaborated by Ms. Chitra, who was in charge of the 'Training the Trainer' Program!



Past presidents of ISSH with current Exco-office bearers



ISSH Members celebrating Golden Jubilee year 2023-24



ISSHCON 2023 report, Chandigarh

ISSHCON 2023 Report

The 46th annual conference of Indian Society for Surgery of Hand, ISSHCON 2023 was organised by Department of Plastic Surgery, Post Graduate Institute of Medical Education and Research, Chandigarh. It was was held at Hotel Mountview. Sector 10, Chandigarh from 8thto 10th September. It was attended by 225 hand surgeons from India and abroad.



Apart from hand surgeons, 35 hand therapists also participated and held their meeting SHTICON 2023 on 8th and 9th September in the same venue. The conference was inaugurated by Prof Dr Vivek Lal, Director of PGIMER, Chandigarh in presence of President ISSH, Dr Santosh Rath. Secretary ISSH, Dr Anil Bhat, Executive Trustee ISSH, Dr S Raja Sabapathy, Organizing Chairman, Dr Atul Parashar, Organizing Secretary ,Dr Satyaswarup Tripathy, Scientific Chairman Dr Parmod Kumar and Scientific Co Chairman Dr Sunil Gaba.





A souvenir cum abstract book was released on the occasion. The meeting was packed with rich scientific contents in the form of video workshop, master classes, orations, keynote lectures, symposiums, invited lectures , best paper award sessions (consultant and resident categories), free papers and e -poster presentations with a whopping overall 140 oral presentations and 35 e-posters.



This year was a special year for the ISSH in the sense that the society has crossed the 50 years since its inception in 1973. So a special session named as "Golden Jubilee Celebration" programme was part of the function on first day where twelve past presidents of the association were specially invited and felicitated. The event unfurls the history of the formation of the society and evolution of hand surgery in our country. It also entailed upon the targets for the future of hand surgery in India



The Emperor Asoka Award Oration for excellence in hand surgery was conferred to Dr Michael Tonkin from Australia who deliberated on "A life of Congenital Hand Surgery: Reflection and Observations". There were six master classes in 3 different halls by our esteemed faculties distributed over two days.



Prof R. Venkatswamy oration was given by Dr Roger Cornwall from USA on "Birth Brachial Plexus Injury: A New Approach to an Old Problem". Another important Oration Prof B.B. Joshi Oration was delivered by Dr Mark Pickford from UK on "Toe to Hand Transfer". Eminent Indian Hand Surgeon Dr Mukund Thatte was chosen for the ISSH Pioneer of Hand Surgery award who spoke on "Evolution of Indian Hand Surgery".





As a part of the Golden Jubilee Year initiative a special Training the Trainers Programme was organized by ISSH as an extended programme of one more day where 12 hand surgeons from different regions of the country were given a special systematic training on teaching methods to empower them to become faculties to train the future generations.



ISSH Call for Fellowships



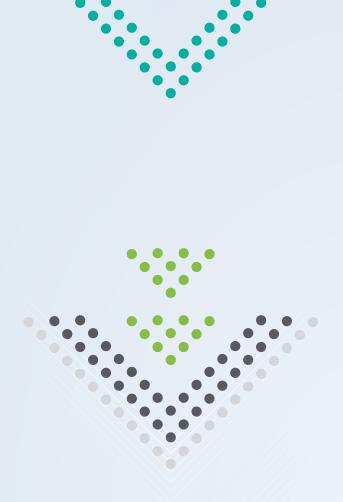
Apply for ISSH Fellowships!

The following ISSH Fellowship calls are now open!!

Fellowship	Benefit	Apply By	Number
Dr ROBERT ACLAND - S&T International Travelling Fellowship	Rs 1.5 lakhs towards expenses for travelling to an international centre of repute in hand surgery	MAY 31	ONE
VENKATA BODAVULA Microsurgery Training Fellowship	Course fees for Microsurgery Course at Ganga Hospital, Coimbatore	MAY 3I	FIVE
Dr MUKUND THATTE & FAMILY Endowment International Travelling Fellowship	Rs 1.5 lakhs towards expenses for travelling to an international centre of repute in hand surgery	JUNE 30	ONE
THE ISSH Inland Travelling Fellowship	Rs 50 thousand towards expenses for travelling to a national centre of repute in hand surgery	JUNE 30	TWO

APPLY NOW!

Check your eligibility at the ISSH Fellowships page



Upcoming events







ISSH WBOA



Venue: Medica Superspecialty Hospital Kolkata

Topics Covered:

Evaluation of the Acutely injured Hand Radiology of hand injuries **Tendon injuries Nerve injuries Phalanx fractures Metacarpal fracures Scaphoid fractures Distal radius fractures** Management of acute hand injuries Fingertip injuries & their management Post operative Dressing & Splinting





Workshops:

Distal Radius Fractures Tendon & Nerve suturing

Renowned National & Local Faculty

Who should attend:

- Post Graduate Trainees
- Practising Surgeons dealing with Hands and Wrist Trauma























6th Annual Indo-US Hand Surgery Conference AND

CMC Tendon Workshop & Hand Splints/Plaster Techniques Live Demo/ Hands-On

Christian Medical College, Vellore

March 8th & 9th, 2024

Theme: "Case-Based & Evidence-based Debates of Cases in Hand & Upper Limb Surgery"

Kudav-Mudgal Oration: Dr. Rajendra Nehete

President, Indian Society for Surgery of the Hand



Organizing Chairman: Dr Chaitanya Mugdal

Local Chairman and Host: Dr Samuel C Raj Pallapati

Aimed at:

Practicing Orthopedic, Plastic, and Hand Surgeons. Occupational and Physio Therapists

http://indoushand.cmcvellore.edu.in/











INDIAN SOCIETY OF SURGERY FOR THE HAND

ISSH MID TERM CME - 2024

Hand, Wrist & Nerve Surgery Update

in association with VOS, MOA & CIAPS

6[™] & 7[™] April 2024 | Hotel Centre Point, Nagpur



We invite you for a fantastic scientific meeting being held for the first time in central India to learn from the hand surgeons with rich experience coming from all over the country for the resolution to update our Knowledge, add to our Skill Set & invest deliberate efforts to provide optimum care for hand disorders.

: Program Highlights :

- Keynote Lecture
- Surgical Video Session
- Case based discussion
- Workshops
- Poster competition (for PG Students)

Dr Kiran M. Saoji Org Chairman M: 9422103298

Dr Samrat K. Taori Org Secretary M: 9860467351





Contact

Secretary & Treasurer

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