

2010. This meeting contains two main topics with invited speakers; 2. Posters Sessions 3. Free community sessions; 4. Panel Sessions with invited speakers; 5. One joint session with hand therapists, 6. Senior fellowship report 7. Instructional course etc. For Details www.fessh2010.com

4. **45th Annual Conference of the Association of Plastic Surgeons of India.** - 25th to 29th Oct 2010, Goa. For details contact e-mail: dr.shailesh@rediffmail.com

5. **WSRM 2011**

The 6th Congress of the World Society for Reconstructive Microsurgery will be held from 29th June - 2nd July 2011, Helsinki, Finland The details are in the website www.wsrw2011.org

6. **Asia Pacific Federation of Societies for Surgery of the Hand (APFSSH) 2009** - Kaoshiung, Taiwan

7. **The 8th Congress of Asia Pacific Federation of Societies for Surgery of the Hand (APFSSH)**, November 13-15, 2009, Kaoshiung, Taiwan.

8. **International Federation of Societies for Surgery of the Hand 2010** - Seoul, Korea

The 11th Triennial Congress of the International Federation of Societies for Surgery of the Hand (IFSSH), Seoul, Korea, October 31st Nov.-4th Dec. 2010. This congress of the international body will precede the one which we would be conducting in New Delhi in 2013. As the host nation of the next congress, it will be great to have good participation from India. Details are available in the congress website www.ifssh2010.com

4th to 8th March 2013 - New Delhi, India

The 12th Triennial Congress of the International Federation of Societies for Surgery of the Hand

(IFSSH) and Congress of the International Federation of Societies of Hand Therapists will be held in New Delhi, between 4 - 8 March 2013.

List of new applications for Life Membership of ISSH

- 401. Dr Tushar Kanti Panda
- 402. Dr Aniruddh Dash
- 403. Dr Biswakesh Panigrahy
- 404. Dr Alok Sharma
- 405. Dr. Binod Chandra Roulo
- 406. Dr .Laxmi Kanta Mishra
- 407. Dr Sumit Malhotra
- 408. Dr Debashish Biswas
- 409. Dr Rave Kumar Criteria
- 410. Dr Bibhuti Bhusan Nayak
- 411. Dr Vitrag Dhansukh Shaw
- 412. Dr. Niranjan Bishta
- 413. Dr Alok Sud
- 414. Dr Harpal Singh Selhi
- 415. Dr Monish Dhawan
- 416. Dr Shamsheer Singh
- 417. Dr Vishavdeep Goyal
- 418. Dr. Akshay Goel
- 419. Dr Pramod S Chinder
- 420. Dr Anand Nandlal Chandak

From Sri Lanka

- 1. Dr. Anil Romesh Gunasekara
- 2. Dr. Sathischandra Sripathie Nijemanne
- 3. Mahappuge Kolitha Parakrama Karunadasa
- 4. Dr. Gayan Neomal Samarasinghe Ekanayake
- 5. Dr. Thushan Sushira Beneragama



Indian Society for Surgery of the Hand

News Letter - October 2009

President Dr T Chandraprakasam	Vice President Dr. S. Raja Sabapathy	Secretary & Treasurer Santosh Rath	Past President Dr B A Anantharam
ISSH Trustees Dr G Balakrishnan Dr GN Malaviya Dr Bhaskaranand Kumar		Executive Members Dr Ashok Koul, Bangalore Dr Anirban Chatterjee, Kolkata Dr Hari Venkatramani, Coimbatore Dr Bharath K Kadadi, Bangalore Dr Ayappan Nair, Trivandrum Dr P Ravichandran, Tirupur	

From the President



Dear Members,

It is a great privilege to write to you as the President of Indian Society for Surgery of the Hand as we are getting ourselves ready to meet at New Delhi for the 33rd annual meeting of our society.

32nd Annual conference of ISSH and combined meeting of Indian and British societies for surgery of the hand held at Bangalore was a great event. Dr.B.A.Anantharam and his dedicated team had meticulously planned the whole conference. We must thank Prof. Joseph Dias who took great efforts to bring a galaxy of British surgeons for the meeting. Their participation enabled excellent academic exchange and all the delegates enjoyed the meeting.

One of the main aims of the society is to train younger surgeons and motivate them to take up hand surgery specialty. This is being successfully achieved by conducting a series of Basic Courses in Hand Surgery by Prof. Bhaskarananda Kumar. I request the members to help the society in organizing such courses in various parts of the country.

Another important task ahead is to develop the Hand Therapy Specialty. Our dynamic secretary Dr.Santosh Rath is taking great efforts to organize the Hand Therapy Society and he requires co-operation from all the members of the society in this regard.

Let us meet in large numbers at New Delhi for the 33rd Annual meeting.

Dr. Chandraprakasam

From the Secretary



Dear Colleagues'

I'm honored at being elected as the Secretary and treasurer of this esteemed society. It will be a hard act to follow Raja Sabapathy's activities and contributions to the society as the Secretary for 6 years. He has carried ISSH to phenomenal heights during this period and it will be my responsibility to cruise over the next 3 years towards the goal of presenting Team India in all glory at the IFFSH congress in 2013. The IFFSH congress is a privilege bestowed on us and we have to set in motion activities for a successful show of organizational and scientific talent of ISSH. To achieve this we have to reach some important milestones ASAP.

The first and foremost requirement is having a functioning Indian Hand Therapists' Society (ISHT). The EC has decided to take steps to carry forward the formation of ISHT. We had the inauguration of the ISHT at the Chandigarh meeting in August 2006 in the presence of Mr. Thieu du Bois, the Secretary General of the International Federation of Societies for Hand Therapists (IFFSHT). India was represented at the IFFSH and IFFSHT combined congress in Sydney in March 2007. There has been much discussion in the past two years regarding the training curriculum and a suitable accreditation programme for ISHT membership to enable a minimum standard of care in India. Sunil Mokashi, Associate Professor Occupation Therapy, SVNIRTAR, Cuttack is the new Honorary Secretary. The working group consists of senior therapists from major

This is a official newsletter of

Indian Society for Surgery of the Hand

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centers in India and their foremost agenda is to conduct basic Hand Therapy training programme across the country and prepare an accreditation process.

Let us make a serious effort to facilitate training and accreditation programme for our therapist as the future outcomes of hand surgery in India will depend on their quality of care. Our past president Professor Bhaskaranand Kumar has agreed to oversee the Therapist training programme and facilitate combining Basic Hand Surgery & Basic Hand Therapy courses in future. There is a one day CME programme on the 4th December in Delhi for the therapists and I urge all ISSH members to sponsor their therapists to attend the meeting. Please sponsor your therapists to enroll for the ISHT. All ISHT members will automatically become an associate member of ISSH.

The future of ISSH lies in increasing the numbers of active members in the society. I request all the ISSH members to encourage their colleagues practicing hand surgery to enroll as ISSH members. It is our responsibility to provide basic and then advanced training to aspiring hand surgeons. The enthusiasm of Professor Bhaskaranand Kumar in conducting Basic Hand Courses is commendable and I urge members to utilize this opportunity to organize such courses in their region. Participants of these courses can be encouraged to become ISSH members, attend annual meetings and avail the ISSH Ethicon traveling fellowship to further their training.

Increasing attendance at the ISSH annual meeting and improving the quality of scientific presentations are the two most important goals for the next 3-4 years. We need to prepare in all earnest to showcase Indian Hand surgery at IFFSH congress 2013. I'm proposing to set in motion a process of nurturing scientific work of members so that significant numbers of papers suitable for IFFSH are ready over the next 3 years. Scientific work presented in annual meeting from this year onwards will be identified and the secretariat will devise a mechanism to provide advice for improvement. These papers will be required to be presented in the following meetings. It is hoped that by 2011 we should have enough numbers of quality papers for submission for IFFSH congress. I request members to send me their suggestions to develop this concept and help in setting up a subcommittee to undertake this task for the next 4 years.

The standard of our member's scientific presentations at the combined meeting in Bangalore was heartening. There were lots of inspiring ideas and original thoughts which could lead to publication in reputable journals. We need to publish and show our work to the international audience. The good news is that many

senior members have offered to advise and provide editorial help to aspiring authors. The ISSH secretariat will now co-ordinate a programme to groom potential authors, nurture promising research work through technical advice on conducting trials and assist in writing papers. The details will be finalized in the coming months and I hope to present it to the members in Delhi annual meeting. The starting point will be the papers presented in the forthcoming annual meeting. Promising papers will be offered the above support and those desiring to see their work in print should make an effort to avail this opportunity. The Editor of Indian Journal of Orthopedics has suggested for a special issue on Hand Surgery if adequate original papers are offered. This is an agenda for us to decide and take it forward.

Finally I thank you all for giving me the opportunity to serve as secretary ISSH. I look forward to a proactive participation of members in improving the reach of our association to practicing surgeons to increase the membership of the society. The member's database in the web site needs update as large numbers of addresses are incorrect and our correspondence is being returned. Please enquire from your ISSH friends if they have received this news letter and if not to contact me immediately with their e-mail ID. I wish to keep you informed every quarter through e-mail and initiate discussion on important matters of the society. I'm confident that in the following years the ISSH will reach significant milestones and we will be proud of our scientific and organizational show in 2013.

Dr. BB Joshi our beloved teacher, guide and mentor passed away on June 8, 2009 after a brief illness. This is a great loss to us all and the fraternity of hand surgeons in the world. Dr Raja Sabapathy attended the funeral to pay respect on behalf of ISSH. We extend our condolences to the bereaved family and pray the soul of our dear teacher rests in peace. We also pledge that ISSH will continue to peruse Dr BB Joshi's ideals and practice of responding to the needs of our patients irrespective of the infrastructure facilities or ability to pay. I request members to write about their experiences and memories of Dr BB Joshi so we can publish a memorial issue. This piece should be limited to one A4 size paper and can be about your personal interaction, training, comments and appreciation of patients etc. Please submit this to me by e-mail at the earliest so that we can have it ready for our annual meeting in Delhi.

Look forward to welcoming you all on 4th December in New Delhi

Santosh Rath
Secretary ISSH

Medical Education (BISSHME), which is the academic wing of Indian Society of Surgery for Hand (ISSH) under the chairmanship of Dr. Bhaskarananda Kumar, has been conducting hand courses at various parts of our country. This is to encourage young surgeons to develop interest in the specialty of hand surgery and deliver acceptable levels of care to hand injury patients.

The total programme involves basic courses followed by advanced and superspeciality courses. 10 basic courses have already been conducted at various places in the country and about 850 people have been benefited from this course.

Those doctors who have diploma or masters degree in General Surgery Orthopedics, or Plastic Surgery are eligible to attend the course. This is basically for the young surgeons who are likely to take up this specialty as their future. Senior postgraduates may also be allowed to attend. However to attend the future advanced courses, they need to complete their degree or diploma.

The organizers need to gather about 50 - 80 delegates. The course is for 2 days (preferable Saturday and Sunday) and includes lectures, video demonstrations and a lot of interactive sessions. The course topic list will be sent in advance with faculty names for printing a course brochure. The delegates need to be given a working lunch. There is no need to spend on compliments. Just a writing pad and pen would suffice.

About four faculties will be selected by the BISSHME and their travel and accommodation needs has to be looked after by the organizers. A good audiovisual system is a pre requisite for conducting the course smoothly. The organizers are also requested to arrange if possible, for a local neurologist to talk on electro-diagnostic studies. Standard feedback forms will be distributed at the end of the course along with course certificates.

Notice for Election for the Council

Members are informed that there will be election for two posts of Executive Members to ISSH. Please send nominations before 30th of November.

EC meeting

The Executive Body meeting will be held on 3rd December at the USI Complex, Rao Tula Ram Marg, New Delhi at 4 PM.

The Annual General Body meeting of ISSH will be held on the 5th of November in the conference hall of the USI campus, New Delhi at 5 pm. Forth Coming Meetings

Annual Meetings of the Indian Society for Surgery of the Hand

1. 2009 : New Delhi

The 33 annual meeting of the ISSH will be held at New Delhi. Dr Vikas Gupta will be the organizer for the Meeting. For further details please contact him at website: www.conference.iss2009.com

2. 2010 : Nashik

The 34 annual meeting of the ISSH will be held at Nashik. Dr. Rajendra Nehete will be the organizer for the Meeting. For further details please contact him at rajendranehete@gmail.com

3. 2011 : Manipal

Dr Bhaskaranand Kumar will be the Organizing Chairman.

IOA meeting - Bhubaneswar 25-28 November 2009

1. APFSSH 2009

Second Instructional Course for Adult Brachial Plexus Injuries will be held at Linkou, Taiwan will be held from November 10-11, 2009. For details official website: <http://bpi2009.idv.tw>

2. Ganga International Wrist Course

A course on the surgery of the wrist will be held at Ganga Hospital, Coimbatore on 30th to 31st Jan 2010. It will have live demonstrations and cover all aspects of wrist surgery. For details <http://www.gangahospital.com/wristcourse.html>

3. FESSH meeting - Romania

1.XVth Congress FESSH will be held at Bucharest, Romania - from 23rd - 26th June,

**Dr Robert Acland -
S & T Overseas Traveling Fellowship**



S&T

**ACLAND'S PRACTICE MANUAL FOR
MICROVASCULAR
SURGERY**



Third Edition
Robert O. Acland and S. Raja Sabapathy

The ISSH is proud to introduce an overseas traveling fellowship from this year. This is intended to be for senior people who have shown a commitment to Hand surgery and who will be capable of projecting Indian Hand Surgery in an international forum. The ISSH thanks Dr Acland and Mr. Markus Spingler of S & T for making it possible. The condition of the award is given below.

Fellowship Guidelines

1. Each year one candidate will be chosen for the Fellowship and it carries an award of Rs. One Lakh

2. The awardee must have done considerable work in Hand Surgery and must serve as an ambassador for Indian Hand Surgery.
3. The applicant must have been a member of the ISSH for at least 7 years
4. He must have attended at least 3 annual meetings of the Indian Society for Surgery of the Hand in the past 7 years.
5. The fund could be utilized by the Fellow for attending an International Hand & Microsurgery meeting to present a paper and / or spend a few weeks in a reputed centre with prior concurrence of the Executive Committee of the Indian Society for Surgery of the Hand
6. 50% of the sum would be made available for the candidate before the departure. On completion of the Fellowship, the Fellow must send in a report to the Secretary, ISSH to become eligible for the disbursement of the remaining amount.
7. The Overseas Traveling Fellow will make a presentation about his experience in the subsequent annual meeting when the award will be given during the Inaugural Ceremony.
8. The selection of the fellow will be done by the Executive Committee of the Indian Society for Surgery of the Hand
9. The first award will be available in 2010 and the applications could be sent to the Secretary, ISSH by e-mail by 30th November 2009

Dr Acland's Microsurgery training DVD

Dr Acland has kindly consented to provide his classic DVDs to be distributed through the Indian Society for Surgery of the Hand. The sale proceeds will go to augment the Dr. Acland - S & T Overseas Traveling Fellowship. Each DVD is priced at Rs 5000 and can be obtained by sending a demand draft drawn in favor of the Indian Society for Surgery of the Hand payable at Coimbatore. The request can be sent to S Raja Sabapathy, Ganga Hospital, 313, Mettupalayam Road, Coimbatore - 641 043. The society thanks Dr. Robert Acland for this gesture.

Basic Hand Courses of the Indian Society for Surgery of the Hand

The Bureau of Indian Society of Surgery for Hand for

Minutes of ISSH Executive Committee Meeting in Coimbatore on 20/02/2009

The first executive committee (EC) meeting of ISSH was held in Coimbatore on 20/02/2009. The following members were present:

Dr. C Chandra Prakasham President ISSH
Dr S .Raja Sabapathy, Vice President
Prof. G Balakrishnan , Trust chairman
Dr Santosh Rath, Secy. & Treasurer ISSH
Dr Ashok Kaul
Dr.Hari Venkataramani
Dr.Bharath k Kadadi

The meeting was called during the Brachial Plexus Society conference. It was an impromptu meeting without the mandatory prior notice. Dr. C Chandra Prakasham President ISSH presided over the meeting.

The following issues were discussed :

1. Functioning of the ISSH Secretariat from Bhubaneswar
 - a) Opening of ISSH bank account in Bhubaneswar
 - b) Paid part time Secretarial help to assist Secretary & Treasurer ISSH. The Secretary was advised to put forward a proposal and costs
 - c) Budgets for annual expenditure: Based on the experience of the past Secretaries, the major costs are printing the news letters twice a year and postage. No fixed annual budget allocation was agreed.
2. Matters relating to ISSH meeting in Delhi
 - a) The protocol for inviting Orators was discussed. It was agreed that the President and Secretary, ISSH in consultation with the Organizing Secretary of the conference will decide on the Orator. The invitation for the Oration is to be sent by the Secy. ISSH.
 - b) Dr. Vikas Gupta to send the time frame of events leading to the ISSH meeting in December.
3. The Secretary, ISSH suggested drafting guidelines for conducting future ISSH meetings
4. The Secretary Suggested formation of a cell of volunteers to assist ISSH members to prepare /

improve their presentations and for publication. The ISSH secretariats will coordinate these activities. The Organizing Secretary will be requested to send a copy of the recorded proceedings of the conference to the Secretary ISSH to identify promising ideas / good presentations so that these can be perused for publication.

5. Formation of Indian Hand Therapist Society: Urgent initiative to be taken to register and build an Indian hand Therapist Society.
6. Subscription to Journal of Hand Surgery: Dr Raja Sabapathy informed the members that M/s. Sage, the new publishers of Journal of Hand surgery European Volume would like to continue with the offer of the journal at a subsidized rate to ISSH members. It was agreed upon that non-ISSH members were also eligible to avail this offer.

Dr Sabapathy offered to continue with the paperwork for the journal. An annual subscription of Rs.5000/ (DD) to be sent to Ganga Hosp.

7. Dr Sabapathy informed the EC about the developments regarding the 2013 Federation meeting in Delhi. Dr Sabapathy was elected by the EC to be the Organizing Chairman for the IFFSH meeting in 2013.

The meeting closed with the Secy. ISSH thanking the members for participating in the meeting at short notice.

33rd ISSH meeting 4-6th December, New Delhi

Dr Vikas Gupta and colleagues are organizing a grand annual meeting with an exciting line up of overseas faculty delivering lectures on sports injuries and their management. This will cover an important area of upper limb trauma that has not been discussed in any of our earlier meetings. The first day will be dedicated CME and workshop on hand small joint replacement. There will be a combined sessions with Indian hand therapists.

Members should register at the earliest to enable the organizers to make adequate arrangements. The conference venue is excellent with facilities for good quality boarding. I recommend participants to opt for the combo offer of

accommodation and conference registration. Travel in Delhi can take up a lot of time and staying at the venue will be convenient to the organizers and yourselves. There will be a free pick-up service from the airport and railway station if you opt for the combo offer.

On the 4th there is a one day CME and workshop for Hand Therapists and registration fee will be Rs.1000/-. The fee is Rs.600/ for trainee therapists. The visiting overseas therapist will lecture on various topics and conduct workshops and demonstration on management of sports injuries and Flexor tendon repair and rehabilitation. I urge all the ISSH members to sponsor their therapists in large numbers. If there is a significant response, the organizers will arrange cheaper accommodation for the therapists.

Visiting Overseas Faculty

Dr. F Del Pinal
 Dr. Poong-Taek Kim, Korea
 Dr. Backenbaugh, USA
 Dr. Rajan Sachdeva, USA
 Dr. Steven Moran, USA
 Dr. Chen, Singapore
 MR Z.O. Rahimtoola, UK
 Lynne Feehan - President Elect,
 International Federation of
 Hand Therapist
 Sarah Ewald - Secretary General

BB Joshi Oration 2009
 "Sports injury of hand and wrist"



Poong Taek, Kim
 Professor in Orthopedic Surgery
 School of Medicine,
 Kyungpook National University (KNU)
 #50, Samduk-Dong, Jung-Gu, Taegu, KOREA (700-721)

Prof R Venkataswamy Oration 2009
 "Rehabilitation of mutilated hand
 by toe transfers"



Dr.F Del Pinal
 Head of the Institute for Hand-Wrist and Plastic
 Surgery, Private Practice and Hospital Mutua
 Montañesa, Santander, Spain

Indian Society of Hand Therapists (ISHT)

The ISSH executive committee has decided expedite the training and accreditation programme necessary for formation of the Indian Society of Hand Therapists (ISHT). To begin with ISHT will be formed as an associate society under the ISSH and we will nurture the development of this group till they are ready for society registration.

All those actively practicing hand and upper limb rehabilitation are eligible to become members and recommendation of an ISSH member is mandatory. Physiotherapists and Occupational therapists who may not have a degree but with more than 10 years of practice with upper extremity rehabilitation will also be eligible for membership. The initial objective is to get these professionals to form a group so that they can initiate and conduct regional training programme for the aspiring hand therapist. Sunil Mokashi PG OT, HOD Occupation Therapy SVNIRTAR, Olatpur, Bairoi, Cuttack has been nominated by ISSH EC to act as an interim Secretary ISHT till registration of the society and election of the office bearers. The working committee of ISHT comprises of the following:

1. Sunil Mokashi, Associate Professor Occupation Therapy SVNIRTAR, Olatpur, Cuttack as Honorary Secretary
2. Dr. Mrs. Needleman Patel, PT, Baroda, Gujarat:
3. Mr. P. P. Mohanty, PT, SVNIRTAR:

4. Mr. Panhaj Bajpai, OT, NIOH, Kolkata
 6. Mr. Shovan Saha, OT, Manipal:
 7. Mrs. Madhu Mohanty, OT, IPH, New Delhi:
 8. Mrs. Pragyansingh, OT, SVNIRTAR
 9. Mr. Kiswar, PT, Coimbatore:
 10. Mrs Savita Ravindran, PT, Bangalore
- President ISSH is the Patron and Secretary ISSH is the advisor of ISHT.

ISHT life membership applications are to be sent to Secretary and treasurer ISSH with a DD of Rs.2000. ISHT members will also become an associate member of ISSH and will be eligible to attend ISSH meetings. The application form is available in the ISSH website.

Progress on IFSSH meeting 2013

The 12th Triennial Congress of the International Federation of Societies for the Surgery of the Hand and the 9th Congress of the International Federation of Societies of Hand Therapists will be held in New Delhi from the 4th to 8th March 2013. We are very happy that the members of the executive of the IFSSH have also confirmed their participation. That should make it a very grand event.

In the executive committee meeting of the ISSH held on 20. 2. 09, Dr S Raja Sabapathy was chosen to be the Organizing Chairman of the congress. Various venues have been short listed and they have blocked for the particular time period. Ground work is being done to spread the message of our meeting in all international meeting for the past 2 years. The 11th Congress is being held in Seoul, South Korea from the Oct 31st to Nov 4th, 2010 and we will be publicizing our meeting in full swing after that. By the time of the Seoul meeting we will have the venue confirmed and the various sub committees formed.

The organization of a meeting of this magnitude needs the participation of every member of our society. It will also have a good hand therapy component and to make use of it, we request our members to encourage the Hand therapists with whom they regularly work to participate in the workshop that will be conducted during the ISSH meeting in Delhi this year. We have a great

opportunity to showcase India and the Indian Hand Surgery to the world and let us do everything possible to make it an event to remember.

Subscription to JHS (European & British vol)

We had a special subscription rate for the members Rs 5000 (compared to normal individual subscription fees of around Rs 17000). Sage publishers, the new publishers of the journal have also been kind enough to continue the scheme. Those desirous of availing the offer are requested to please send the amount by a draft drawn in favor of Indian Society for Surgery of the Hand payable at Coimbatore to Dr S Raja Sabapathy, Ganga Hospital, 313, Mettupalayam Road, Coimbatore - 641043. If you are sending a cheque please make the value to Rs 5100. Please send the request early, at least by 31st December so that we can send all the requests together in the first week of Jan 2010.

ISSH FELLOWSHIPS

ISSH Ethicon Traveling Fellowship - 2009-10

The Indian Society for Surgery of the Hand offers two inland traveling fellowships for suitable candidates who profess an interest in Hand Surgery to visit selected institutions for about 4 weeks. The Ethicon division of Johnson & Johnson provides Rs 12500 to each fellow to utilize for travel and other incidental expenses.

ISSH Ethicon Traveling fellow must attend the subsequent meeting to receive the award in person.

Pre-requisite

The ISSH member should have presented at least one paper in ISSH annual meeting

The selection of the candidates for the year 2009 would be done during the forthcoming conference and interested candidates are requested to submit an application to the Secretary, ISSH before 15th November 2009.

Awardees for the year 2008

1. Dr. Ravi Gupta
2. Dr. Cyril Joseph