

**FESSH 2021 CONGRESS**  
**FESSH-ON(line)-WEEK**  
16-19 June 2021 | virtual

**MANAGEMENT OF COMPLICATIONS  
IN COMMON HAND AND WRIST SURGERY**



The annual FESSH Congress will be held online on 16-19 June with several exciting and innovative contents such as the following sessions we would like to introduce you below.

**UEMS EACCME® Accreditation received:  
28 European CME credits (ECMEC®s)**

### **Disasters of the Masters – expect a firework of learning lessons!**

Five established and experienced hand surgeons are presenting a personal case in which the outcome did not match the anticipated result.

On the basis of these 'disasters', complications and its conclusions will be highlighted. Expect a firework of learning lessons, does and don'ts, pearls and pitfalls.

### **Nation competition – do not miss the hot debates!**

We are happy to announce that as many as 21 FESSH countries has nominated experts for 9 topics to discuss: malunion distal radius, SLAC/SNAC wrist, scaphoid nonunion, DRU instability, CMC thumb arthritis, neuroma pain, wrist arthritis, SL dissociation and avascular proximal pole of the scaphoid.

Each session will last 30 minutes: two to three surgical technics will be presented by two to three experts with the help of two moderators, a senior and a junior one followed by a case discussion. The audience will vote which technic they have found better for the given surgical problem. A hot debate is expected!

### **New innovations in Social Media - don't allow your practice to fall behind**

Social media continues to be a versatile tool in our professional practice - now more so than ever.

Learn what's changed and what's new in this rapidly developing area and how you can harness the new digital technologies to improve your own practice.

## **Young European Hand Surgeons Session - Soft skills. New techniques beyond hand surgery**

This session would like to help to maintain an awareness of the effect of a more holistic management approach to the patient. NLP (neurolinguistic programming) and mindfulness are transversal topics to all medical fields even more appreciated, implemented and popular.

We will talk about NLP as a method to improve the doctor-patient relationship and the expected outcomes. Moreover the session will focus on the impact of mindfulness in doctors' well-being and how it could be helpful in maintaining the ability to take oneself out of a stressful situation, and get some clarity of thought.

## **Patient-reported measures for better care; how do we get beyond the traditional outcome measures?**

Patient-reported outcome measures have been advocated for decades as tools for patient-centered care and value-based healthcare. Classical patient-reported that measure in hand surgery measure pain, hand function, quality of life, and return to work are slowly working their way into daily clinical care. In recent years, however, other types of patient-reported measures have been proposed, such as experience measures, single-item questionnaires, screening instruments for psychological variables and expectations, and alternative outcome concepts have been proposed, such as the patient-acceptable symptom state. In this session, different presenters will present and discuss innovation in patient-reported measures and their use to improve the quality of hand surgery in daily practice.

## **Pediatric hand surgery - Congenital malformations and complication**

The well-known saying is: I learned the most from my complications, I still remember them well!

Experts in the field will elaborate on their complications and will discuss on their complications what they did about it and how to prevent them. Twelve different hand and forearm anomalies will be presented with ample time for discussion.

## **Journal session: Up to date statistics, best papers, editor in chief**

In this session, up-to-date statistical data on JHS-E will be summarized and 10 valuable studies, which were downloaded the most between February 2020 and February 2021, will be presented by their authors. These studies are related to Dupuytren's Disease, teratogenesis, scaphoid fractures, denervation, publication ethics, pulley problems, CMC-I osteoarthritis and clinical evaluation methods. It is a rare opportunity to listen those original studies, which are created by large working groups after spending a long time, from their own authors within an hour.